

SEPTEMBER 2020

Hawaii Kai Church Early Learning Center is an equal opportunity provider.

Menu is subject to change based on availability. Skim milk is served with lunch each day. Bold signifies made with whole grain.

Snack and Lunch Menu

Hawaii Kai Church Early Learning Center

Monday	Tuesday	Wednesday	Thursday	Friday
	1 AM: Multi Grain Cracker, Milk L: Pasta & Meat Sauce Green Salad Mixed Berries Milk	2 AM: Pancake, Apple Juice L: Beef Vegetable Soup Hapa Rice Mixed Fruit Milk	3 AM: Wheat Thins, Milk L: Shepherd's Pie Hawaiian Sweet Roll Banana Slices Milk	4 AM: Grain Cracker, Milk L: Chicken & Zucchini Hapa Rice Pear Slices Milk
7 Labor Day ELC OFF	8 AM: Multi Grain Cracker, Milk L: Chicken Caesar Salad Hawaiian Sweet Roll Blueberries Milk	9 AM: Goldfish, Apple Juice L: Ground Beef & Zucchini Hapa Rice Pineapple Milk	10 AM: French Toast, Milk L: Teriyaki Chicken Hapa Rice Cucumber Salad Peach Slices Milk	11 AM: Royal Cream Cracker Milk L: Santa Maria BBQ Hapa Rice Pinto Beans Melon Milk
14 AM: Frosted Mini Wheat, Milk L: Canadian Bacon & Cheese Pizza Cucumber Spears Apple Slices Milk	15 AM: Wheat Thins, Milk L: Taco Pasta Green Salad Strawberries Milk	16 AM: Waffle, Apple Juice L: Shoyu Chicken & Tofu Hapa Rice Cucumber Salad Mango Milk	17 AM: Animal Cracker, Milk L: Roast Pork Hapa Rice Corn Mixed Berries Milk	18 Luau AM: Cheez-its, Milk L: Kalua Pork & Cabbage Chicken Long Rice Hapa Rice Okinawaian Sweet Potato Pineapple Haupia Milk
21 AM: Cinnamon Chex, Milk L: Cheese Burger Fries Orange Slices Milk	22 AM: Multi Grain Cracker, Milk L: Chicken Waldorf Salad Hawaiian Sweet Roll Banana Slices Milk	23 AM: Pancake, Milk L: Chicken Gumbo Soup Hapa Rice Blueberries Milk	24 AM: Oat Squares, Milk L: Meatloaf Hawaiian Sweet Roll Mashed Potato Pineapple Milk	25 AM: Wheat Thins, Milk L: Ham & Cheese Quiche Green Salad Pear Slices Milk
28 AM: Frosted Mini Wheat, Milk L: Fish Sticks Fries Apple Slices Milk	29 AM: Multi Grain Pita, Milk L: Pasta & Meat Sauce Green Salad Peach Slices Milk	30 AM: French Toast, Milk L: Beef Vegetable Soup Hapa Rice Strawberries Milk		