

Disciple's Quest

If you continue in My word, then you are truly disciples of Mine.

John 8:31



March 22, 2020

Overcoming Worry

Matthew 6:25 - 34

Main Idea:

There is more to worldliness than simply owning a greedy, covetous heart. Very often, worldliness takes the shape of anxiety (worry), which at its heart is a stubborn and shortsighted attachment to the things of this world. Today we'll learn from Jesus what is wrong with worry, and how we should address it in our lives.

Outline:

3 Instructions for Overcoming Worry:

- 1) Remember who our heavenly Father is and how great His love for us is.

- 2) Remember that worry is unproductive

- 3) Take intentional action to reverse worry through faithful living

Questions for further application and contemplation after the message:

- #1 How would you describe the difference between prudent concern and sinful worry?

- #2 What are some of the ways that Christians attempt to "sanctify worry" in order to allow it to continue to exist in their lives?

- #3 How does worry on the part of disciples disparage the character of God?

- #4 Compare Psalm 55:22 and 1 Peter 5:7. What do these verses tell us about laying worry aside?

- #5 As believers, we seek and grow in God's righteousness through growing in obedience to His Word. How may the unbelieving attain God's saving righteousness to begin with?