

to be content...

John Wohlgemuth.....October 25, 2020

...in our prayer

Philippians 4:1-9

_____ brings contentment.

1. Steadfast prayer follows _____. (v.1)

2. Steadfast prayer necessitates _____. (vv.2-3)

3. Steadfast prayer brings _____. (vv.4-7)

4. Steadfast prayer spurs _____. (vv.8-9)

5. So, let's _____!

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PHILIPPIANS 4:1-9

Questions for adults to discuss:

1. In 2-3 sentences, summarize this passage in your own words.
2. Why should we stand firm in the Lord as verse 1 states? (Refer back to Chapter 3, specifically verses 20-21).
3. Where do we see Paul encouraging reconciliation, and why is this important to us as believers?
4. Do you find it easy to “rejoice in the Lord always?” Why or why not? How can we grow in our joy in the Lord?
5. Why do we pray? How does prayer conform us more into the image of God?
6. Take some time to come to the Lord in prayer today. Come to Him with confidence knowing that He hears you.

Questions to discuss with 6th-12th grade students:

1. What do you think Paul means when he says to rejoice in the Lord always (v. 4)? How do you think we can still rejoice in difficult times? How does the gospel empower us to do this?
2. What do you find yourself most anxious about (v. 6)? What does Paul tell us to do with our anxiety?
3. What does it look like to think about the things listed in verse 8?

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Questions for 2nd-5th graders:

Read Philippians 4:6-7.

1. What does it mean to be anxious? (Being anxious is like being worried. Worry is when we imagine something bad is going to happen).
2. Do you ever worry?
3. What do you worry about?
4. What's the problem with worrying? (Worrying makes us sad and takes away our joy).
5. What does Paul say we can do instead of worrying or being anxious? (We can pray. We can tell God what we need and thank Him).

When we pray, God will fill our hearts and minds with peace that we can't even explain. The faith we have when we read God's Word and believe His promises will fill us with great peace and it will guard our hearts and minds from allowing worry to slip back in just like Paul says in our verses today.

Questions/Activities for birth-1st graders:

"Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks." Philippians 4:6 ICB

Questions:

1. What are some things you think people worry about? (money, kids, health)
2. Does God want us to worry? (no)
3. What does the Bible tell us to do when we need something? (pray and ask God)

Activities:

Fill a bag with things from around the house. Make sure the bag is heavy. Take turns carrying the bag. Talk to your kids about the things in the bag representing our worries. Tell them that God did not intend for us to carry the worries around. Stop and pray with your kids and then empty the bag. Carry the bag again. Explain to your children that when we pray, we are asking God for what we need, and we are thanking Him for all He is. When we depend on God, our burdens will be light.