

# the PSALMS

Jimmy Quinn.....November 29, 2020

## **Psalm 28** **The Lord is our Shield**

The Lord provides for His children protection. He is our shield.

1. David asks God not be silent to him. (vs 1-2)
2. David petitions to be separated from the wicked and their deserved punishment. (vs 3-5)
3. David praises God for His work in the psalmist's life.(vs 6-7)
4. David responds to the Lord with praise for God's continuing protection of His children.(vs 8-9)

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## PSALM 28

### **Questions for adults to discuss:**

1. What does the Psalmist teach us about God in these verses?
2. Describe the “wickedness” David mentions in verses 3 and 5.
3. What two things is David asking for with regard to the wicked in verse 3-4? Why do we have more assurance than David did that his petition in verse 3 will be answered?
4. What does it mean for God to be your strength and your shield? How does this change the way you look at your current troubles?
5. What can you praise God for today?

### **Questions to discuss with 6th-12th grade students:**

1. What kind of prayer is Psalm 28? What led you to define it that way?
2. How does David describe his enemy? What would you accuse them of through David’s eyes?
3. How is David changed toward the ending of his prayer?
4. How should this passage shape our prayer life?

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## **Questions/Activities for 2nd-5th graders:**

“The Lord is my strength and my shield; in Him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to Him.” Psalm 28:7

Name things for which you are thankful.

Name people for whom you are thankful.

What words would you use to describe God?

Pray and thank God for who He is and for all He has given to you.

## **Questions/Activities for Birth-1st graders:**

“The Lord is my strength and my shield; in Him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to Him.” Psalm 28:7

### **Questions:**

The scripture says that the Lord is my strength and my \_\_\_\_\_. (shield)

What does a shield do? (protects)

The scripture also says we are to give \_\_\_\_\_ to the Lord. (thanks)

### **Activity:**

Take turns writing down things for which each family member can give thanks to the Lord. You can put strips of paper in a jar and use them to pray throughout the week. You can add strips each year and review the old strips as part of a family tradition. Another idea is to make a “Thankful Tree” using paper sacks for the trunk and cutting out leaves. Help each family member write what they are thankful for on a leaf and add it to the tree. Display the tree for the entire family to see. A final idea would be to put out a Thanksgiving tablecloth or table runner each year. Using fabric markers, have family members draw pictures or write short prayers or scriptures of thanksgiving. Bring out the cloth or runner each year and add to it. You can use these ideas during the Thanksgiving season, Christmas season, or any time of the year.