

to be content...

John Wohlgemuth.....November 1, 2020

...in all things

Philippians 4:10-23

Jesus + _____ = Everything

The outcome of contentment in Jesus:

1. It leads to steadfast _____. (10-13)
 - a. In abundance, exalt Jesus as the _____.
 - b. In need, cling to Jesus as the _____.

Three ways to _____ in contentment in Jesus:

1. Share in God's practical _____. (14-18)
2. Trust in God's abundant _____. (19)
3. Point to God's eternal _____. (20)

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PHILIPPIANS 4:10-23

Questions for adults to discuss:

1. What does it mean to rejoice in the Lord?
2. Paul mentions he is not in need because he has learned to be content in every situation. How does Paul define contentment in verse 12?
3. How does Paul's view of contentment compare to the modern world's view of contentment?
4. Verse 13 is often used out of context leading us to think we can do anything. What is Paul actually saying?
5. What other examples are in the Bible of people who lacked what they needed and God provided for them?
6. What lessons can we learn from Paul's conclusion of this letter?

Questions to discuss with 6th-12th grade students:

1. What does it mean to "have learned in whatever situation I am to be content?" How can you apply this today? Tomorrow? This week?
2. In what ways do individuals misuse Philippians 4:13? Read 4:12-13; what is a more appropriate interpretation of this scripture?
3. Read 4:14-20. Summarize this portion in your own words. In what ways can you support Christians around you? Why is it important to support others around us?

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Questions for 2nd-5th graders:

“Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through Him who strengthens me.” Philippians 4:11-13

1. What does it mean to be discontent? (not being happy with what you have; to want more than you currently have)
2. Are you satisfied once you get what you want? If so, for how long?
3. What does it mean to be content? (to be satisfied or happy with what you have)
4. Where does contentment come from? (Contentment comes from trusting God.)

Questions/Activities for birth-1st graders:

“for I have learned in whatever situation I am to be content” Philippians 4:11b

Questions:

1. Who will meet all of your needs? (God will meet all of your needs)
2. What does being content mean? (being satisfied with what you have and not wanting more)

Activities:

Practice fasting as a family. Skip a meal or a snack. You could even just skip dessert or have a plain meal like rice and beans instead of your regular meal. Use the time to pray as a family and talk about being content. Remind them that many people do not have dessert or snacks or even a delicious meal. Talk to them about who provides for all of our needs and pray for others who do not have. Take this as an opportunity to choose a regular time for fasting as a family.