

NOVEMBER 2020
Word for Women

WEEK 1

“Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.” Joshua 1:9

Day 1 - Write down what is making you afraid. Is it the changing times? Health issues? Kid issues? Work issues? So many things can enter our lives to cause us to fear. The first thing to do is to identify those things so we can take them to the Lord.

Day 2 - Today, write down all the different characteristics of the Lord that you know in a column next to your list of fears from yesterday.

Day 3 - Begin to memorize Joshua 1:9. As you work on this, think back on your list of fears, and prayerfully give each one to the Lord.

Day 4 - Continue your memorization by putting the verse somewhere you see often and read it each hour. Continue to give each fear to the Lord when you read this verse.

Day 5 - Praise God today for answering your prayers as He begins to replace your fear with peace.

WEEK 2

“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.” Isaiah 41:10

Day 1 - Note the similarities between this verse and last week’s verse. We are to not be afraid – why? Start memorizing the verse this week by remembering one phrase a day.

Day 2 - Think on what is listed that God will do. Write down what God will do for you.

Day 3 - Take your list of fears from last week and put beside each fear one of the phrases from this verse that would help you lose that fear.

Day 4 - Continue working through each fear on your list and memorizing the verse. Say Joshua 1:9 and Isaiah 41:10 aloud today.

Day 5 - Has knowing these verses from God’s Word helped you face your fears? Can you write down a specific time when God’s Word replaced your fear with peace? Praise God for speaking to us through His Word.

WEEK 3

“Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.” John 14:27

Day 1 - What replaces fear according to Christ? Think on peace. Where does it come from? Who gives peace? Begin memorizing this verse.

Day 2 - Set your timer on your phone and each hour praise God for the peace He has brought to you in specific circumstances.

Day 3 - Set your timer on your phone and each hour praise God for the peace He has given you today. What fear is He removing from your life now?

Day 4 - Set your timer on your phone and each hour praise God for the peace He will give you in the future.

Day 5 - Continue working on memorizing this verse. You should now have three verses in your mind to repeat when you become afraid.

WEEK 4

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.” 2 Timothy 1:7

Day 1 - Read this verse several times during the day and note what God gave us.

Day 2 - As you work on memorizing this verse, think on the power God has given us to overcome our fears through His Spirit in us. We don’t have to be in a prison of fear.

Day 3 - We have been given power, love, and a sound mind. Each time a fear enters your mind today, hold up three fingers reminding yourself that we have been given power, love, and a sound mind.

Day 4 - We have spent this month looking at fear and the answer to removing fear from our lives. Today, go back through our verses and read all of them each hour to remind yourself to live a fearless life.

Day 5 - Praise God today for the power to overcome fear. His Holy Spirit in us gives us the power to overcome. Look back at your list from the first of the month and continue giving each of these specific fears to the Lord and watch Him work in your life.