

Lesson Title	Teacher	Date	Student Notes Link	Audio/Video Link
Cornerstone Class Intro	Jeremy	2019	CS Intro Notes	CS Intro Video
Lesson 1: You Can Change Biblically (Note: Previous Lesson 1 Part 1 audio has been eliminated)	Jeremy	2019	CS Lesson 1 Notes	CS Lesson 1 Video
Lesson 2: The Process of Change	Jeremy	2019	CS Lesson 2 Notes	CS Lesson 2 Video
Lesson 3, Part 1: God's Resources for Growth (Sufficiency of Scripture)	Steve	2016	CS Lesson 3 Pt 1 Notes	CS Lesson 3 Pt 1 Video
Lesson 3, Part 2: God's Resources for Growth (Holy Spirit and Prayer)	Jeremy	2019	CS Lesson 3 Pt 2 Notes	CS Lesson 3 Pt 2 Video
Lesson 4, Part 1: Five Major Philosophies of Secular Counseling	Steve	2016	CS Lesson 4 Pt 1 & 2 Notes	CS Lesson 4 Pt 1 Video
Lesson 4, Part 2: Five Major Philosophies of Secular Counseling	Steve	2016	CS Lesson 4 Pt 1 & 2 Notes	CS Lesson 4 Pt 2 Video
Lesson 5, Part 1: The Downward Spiral	Steve	2016	CS Lesson 5 Pt 1 Notes + Older Fruit Tree Diagram	CS Lesson 5 Pt 1 Video
Lesson 5, Part 2: The Upward Path	Steve	2016	CS Lesson 5 Pt 2 Notes + Older Fruit Tree Diagram	CS Lesson 5 Pt 2 Video
Lesson 6: The Biblical Basis for Change	Jeremy	2016	CS Lesson 6 Notes	CS Lesson 6 Video
Lesson 7: The Biblical Structure for Change	Steve	2016	CS Lesson 7 Notes	CS Lesson 7 Video
Lesson 8: Overcoming Temptation	Steve	2016	CS Lesson 8 Notes CS Lesson 8 – Handout - X-Ray Questions	CS Lesson 8 Video
Lesson 9, Part 1: The Fallacy of Self-Esteem	Steve	2016	CS Lesson 9 Pt 1 Notes	CS Lesson 9 Pt 1 Video
Lesson 9, Part 2: Counseling Those For Whom Life Did Not Turn Out As Planned	Steve	2016	CS Lesson 9 Pt 2 Notes	CS Lesson 9 Pt 2 Video
Lesson 10: Biblical Principles of Stewardship	Steve	2017	CS Lesson 10	CS Lesson 10 Video
Lesson 11, Part 1: Dealing with Anger	Steve	2017	CS Lesson 11 Pt 1 Notes	CS Lesson 11 Pt 1 Video
Lesson 11, Part 2: Dealing with Anger	Steve	2017	CS Lesson 11 Pt 2 Notes	CS Lesson 11 Pt 2 Video
Lesson 12, Part 1: Forgiveness	Steve	2017	CS Lesson 12 Notes	CS Lesson 12 Pt 1 Video
Lesson 12, Part 2: Forgiveness	Steve	2017	CS Lesson 12 Notes	CS Lesson 12 Pt 2 Video
Lesson 13: Reconciliation/Restoration	Steve	2017	CS Lesson 13 Notes	CS Lesson 13 Video
Lesson 14, Part 1: The Marriage Relationship (His Role)	Jeremy	2019	CS Lesson 14 Pt 1 Notes	CS Lesson 14 Pt 1 Video
Lesson 14, Part 2: The Marriage Relationship (Her Role)	Steve	2017	CS Lesson 14 Pt 2 Notes	CS Lesson 14 Pt 2 Video
Lesson 15: The Marriage Relationship (Conflict Resolution)	Steve	2017	CS Lesson 15 Notes CS Lesson 15 - Blank Iceberg Diag	CS Lesson 15 Video
Supplemental Lesson: The Marriage Relationship (Romancing Your Spouse)	Steve	2017	CS Supp. Lesson Romance Notes	CS Supplemental Video (Romance)
Lesson 16: Parenting - Part 1	Steve	2017	CS Lesson 16 Notes	CS Lesson 16 Pt 1 Video
Lesson 17: Parenting - Part 2	Steve	2017	CS Lesson 17 Notes	CS Lesson 17 Video
Supplemental Lesson: Overcoming Pornography	Jeremy	2020	CS Supp. Lesson Overcoming Pornography Notes	CS Supplemental Video (Overcoming Pornography)

Lesson 18, Part 1: Counseling the Depressed	Guest Speaker	2017	CS Lesson 18 Pt 1 Notes	CS Lesson 18 Pt 1 Video
Lesson 18, Part 2: Counseling the Depressed	Steve	2017	CS Lesson 18 Pt 2 Notes	CS Lesson 18 Pt 2 Video
Lesson 19: Overcoming Fear and Worry	Steve	2017	CS Lesson 19 Notes	CS Lesson 19 Video
Lesson 20: Life Dominating Patterns of Sin - Part 1	Jeremy	2017	CS Lesson 20 Notes	CS Lesson 20 Video
Lesson 21: Life Dominating Patterns of Sin - Part 2	Steve	2017	CS Lesson 20 - Handout - Life Patterns of Sin CS Lesson 21 Notes	CS Lesson 21 Video
Lesson 22: Decision Making and Gray Areas	Steve	2017	CS Lesson 21 - Handout - Satanic Strongholds CS Lesson 22 Notes	CS Lesson 22 Video