

JUST breathe

Desire is a Women's Retreat designed to aid women in their desire to passionately pursue God and His Presence.

At times, life circumstances can leave us feeling small, restricted and confined with no room to breathe. However, in the midst of it all, God desires to show us how to live large in the presence of His love. He desires to fill us to overflowing so we can rise above our daily challenges and empower us to "Just Breathe".

Encouraging women to gather and worship God together, as we seek to experience a fresh encounter with God!

1 Thess 3:12 MSG "...May the Master pour on the love so it fills your lives and splashes over on everyone around you..."



MAILING ADDRESS

829 Norwest Road Suite #910
Kingston, ON K7P 2N3

PHONE | 613.544.6728

WEB | www.impactkingston.com

JUST breathe

WOMEN'S DESIRE RETREAT

LIVING LARGE IN THE PRESENCE OF HIS LOVE

"...Look! I am going to put breath into you and make you live again!"

EZEKIEL 37:5





MORGAN CHIN-YEE

Morgan is a university student with a desire to behold the beauty and life giving truth of Jesus. She loves serving in youth ministry and seeing people encounter the heart of God. With a background in art education, she is passionate about investigating the intersections of art and faith through her exploration of poetry and the visual arts. Morgan currently lives in Kingston and is thankful to have found family in her community at Impact Church.



RACHEL QUIRT

Rachel is an ordained Associate Pastor at Impact Church. She is passionate about pursuing an intimate relationship with Jesus, and sharing his compassion with others. She loves to see lives changed by God’s restoring, life-transforming love. Rachel has been married to her husband, Richard, for 23 years. She has three wonderful stepdaughters and a daughter, Brianna.



SANDRA JEFFS

Sandra, along with her husband Cameron, are the Lead Pastors of Impact Church, a thriving life-giving church in Kingston, Ontario. She is passionate about worship, reaching people with God’s love, teaching the Word of God, being a mom, and releasing others to fulfill their God-given dreams. Sandra has been married for 18 years and together they have 5 wonderful children.

SATURDAY, APRIL 27, 2019, 9AM - 4:30PM

Residence Inn by Marriott Kingston Water’s Edge
7 Earl Street, Kingston, ON K7L 0A4

Parking free at hotel but is first come first served

RETREAT SCHEDULE

DAYS SCHEDULE

9:00 am	Registration <i>(breakfast refreshments available)</i>
10:00 am	Worship
10:30 am	“LIVE LARGE”
12:00 pm	Lunch <i>(Catered by Tulips & Maple)</i>
1:00 pm	“A MOMENT TO BREATHE” Breakout Session
2:00 pm	Break
2:30 pm	Worship
3:00 pm	“OVERWHELMED BY LOVE”
4:30 pm	Homeward Bound

REGISTRATION

Register online at justbreathe2019.eventbrite.ca

- Pre-registration by April 12, 2019 | **\$45**
- Group Registration *(10 people)* by April 12, 2019 | **\$35**
- Registration after April 12, 2019 | **\$60**
- Limited Space: Registration closes Friday, April 26, 2019

For more information please contact Rachel Quirt at **613-532-5003** or email rae@impactkingston.com.