

MY NOTES

LET JESUS SPEAK...

INTRODUCTION

Missing the Forest from the Trees

Pace in American Life

Relationships to Being “busy”

- The Badge of Honor
- The Chiller
- Drowning

Jesus coming to the Crib

LUKE 10:38–42 (ESV)

38 Now as they went on their way, Jesus entered a village. And a woman named **Martha** welcomed him into her house. **39** And she had a sister called **Mary**, who **sat at the Lord’s feet and listened to his teaching.**

Sitting at his feet...

40 But Martha was **distracted** with much serving. And she went up to him and said, “Lord, do you not care that my sister has left me to serve alone? **Tell her then to help me.**”

Distracted: to be pulled/dragged away, to become busy and overburdened...

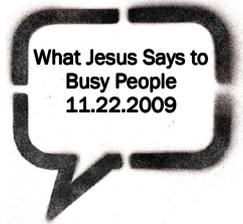
41 But the Lord answered her, “Martha, Martha, you are **anxious and troubled** about many things, 42 but **one thing** is necessary. Mary has chosen the good portion, which will not be taken away from her.”

*Stress is saying that life is teetering on the brink, right at the farthest reaches of your ability to maintain some control. What would happen if you really lost control? You don't know, and you don't **want** to know.*

-- Ed Welch, Running Scared, p31, emphasis in original

WHAT DO WE SEE HERE? WHAT DO WE SEE AND HEAR FROM JESUS?

-
-
-



COMMUNITY MEDITATION

- How would you rate you and/or your families pace of life right now? Busy? Relaxed? Barely holding on?
- Can you tend to find your identity by how much stuff you have going on?
- Answer the following series of related questions as honest as you can: *What distracts you? What makes you anxious? What are you worried about? What are your deepest fears? What stresses you out?* How are these issues related to the idea that we can control everything in life?
- How can your life get filled up with “good things” where your relationship with God suffers?
- How do you make time to pause and reflect with God each day? Each week? Seasonally? How do you need to repent and ask God to help you change?
- How can we find rest and have our worries relieved by spending time at Jesus’ feet? How does worship declare and increase your trust in God?
- Read about Jesus’ interactions with two powerful men in - Luke 23:6-12; John 18:28-40