

SCHEDULE

In-person Gathering **Sun. 10:00 am**
Live-streaming **Sun. 10:00 am**
Prayer Event **Wed. 6:30 pm**

PRAISE HIM

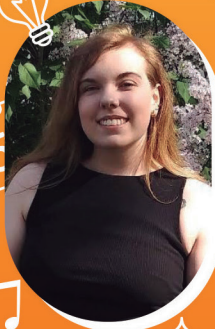
"I am the first and I am the last, besides me, there is no god."
Isaiah 44:6

CONGRATULATIONS TO OUR GRADUATES



Amanda Spurlock

Amanda receives a Masters of Accounting in Science from Northern Illinois University.



Aleah Janae

Aleah receives an Associate of Arts Degree from Elgin Community College.



Addison

Addison has finished Pre-School at Delacy.

REUNION

REMEMBER THE GOOD TIMES

The date has been moved to **June 23-24, 2023** to facilitate planning, collaboration, and registration.
We are looking for a great outcome!

MAY TEACHING SERIES

OVERFLOW

May 01 » Living Filled So
You Can Be Spilled
May 08 » Mother's Day
May 15 » Heart Check
May 22 » All Joy
May 29 » Overflowing
Generosity



CLASSES AVAILABLE

The 2nd and 4th Thursday
of March - April - May
6:30 TO 8:00 P.M.

SUMMER SCHEDULE

Root Kids plans to schedule classes
Wednesday afternoons, **2:00 - 4:00 P.M.**
every week in **JUNE** and **AUGUST**.



VACATION BIBLE SCHOOL

Put this on your calendar: "Into the Wild"
will take place in July, each Wednesday
from **10:00 A.M. - 2:00 P.M.**



QUOTE OF THE WEEK

*"No matter who I've been or what I've done He relentlessly
fights for me...still!" —Hosanna Wong*

METRICS THAT MATTER (05/15/22)

ATTENDANCE ▶ 25

GIVING ▶ \$738

GUESTS ▶ 0

VOLUNTEERS ▶ 10

DECISIONS FOR CHRIST ▶ 0

Prayer REQUESTS

► SALVATION

- | | | | |
|--------------------------------------|--|---|------------------------------------|
| <input type="checkbox"/> Jason G. | <input type="checkbox"/> Karen W. | <input type="checkbox"/> Tom M. | <input type="checkbox"/> Donald S. |
| <input type="checkbox"/> Brian H. | <input type="checkbox"/> Cheyenne W. | <input type="checkbox"/> Stein Family | <input type="checkbox"/> Alex |
| <input type="checkbox"/> Benjamin G. | <input type="checkbox"/> Tyler M. | <input type="checkbox"/> Kirk Aricioglu | |
| <input type="checkbox"/> Ryan K. | <input type="checkbox"/> Gearen Family | <input type="checkbox"/> Dave S. | |
| <input type="checkbox"/> Ray H. | <input type="checkbox"/> Mike F. | <input type="checkbox"/> Bato R. | |

► HEALTH ISSUES

- | | | |
|---|--|---|
| <input type="checkbox"/> Ruth H. » Health Issues | <input type="checkbox"/> Evelyn K. » Cardiac Issues | <input type="checkbox"/> Jen R. » Cardiac Issues |
| <input type="checkbox"/> Jean G. » Health Issues | <input type="checkbox"/> Wayne W. » COPD | <input type="checkbox"/> Ken R. » Diabetic Retinopathy |
| <input type="checkbox"/> Art B. » Health Issues | <input type="checkbox"/> Cristina P. » Health Issues | <input type="checkbox"/> Charity S. » Hip Displasia |
| <input type="checkbox"/> Tommy P. » Anxiety | <input type="checkbox"/> Debbie L. » Kidney/Liver Transplant | <input type="checkbox"/> Cheryl A. » Chron's Disease |
| <input type="checkbox"/> Noe F. » Health Issues | <input type="checkbox"/> Dean W. » COPD | <input type="checkbox"/> Jen R. » Atrial Fibrillation |
| <input type="checkbox"/> Macario A. » Dialysis | <input type="checkbox"/> Kimberly B. » Health Issues | <input type="checkbox"/> Kevin K. » Carpenter's Asthma |
| <input type="checkbox"/> Juan A. » Health Issues | <input type="checkbox"/> Fran G. » Hypertension | <input type="checkbox"/> Peggy K. » Recovering /Surgery |
| <input type="checkbox"/> Laura K. » Auto Immune | <input type="checkbox"/> Carol M. » COVID | <input type="checkbox"/> Laura A. » Recovering /Surgery |
| <input type="checkbox"/> Ozzie M. » Dialysis | <input type="checkbox"/> Ashtyn H. » Circulation Disorder | <input type="checkbox"/> Tracy S. » Needs lung donor |
| <input type="checkbox"/> Armando L. » Back Injury | <input type="checkbox"/> Jessica K. » Breast Cancer | |
| <input type="checkbox"/> Sergio P. » Needs kidney donor | | |
| <input type="checkbox"/> Darius » Health Issues | | |
| <input type="checkbox"/> Keith » Cardiac Issues | | |
| <input type="checkbox"/> Carol C. » Cancer Spots | | |

► IT'S POSSIBLE!

Bishop Degu Kebede of Ethiopia reported that at their recent national conference these miracles took place: Three people healed of epilepsy. One person healed of a failed kidney. Seven crippled people were able to walk again. Three blind people received their sight. Three deaf and dumb people were able to speak and hear for the first time. And scores of others received their healing!

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. There is no law against these things! **Galatians 5:22-23 NLT**

WE KNOW SEVERAL THINGS ABOUT JOY

It's a fruit of the Spirit.
We all desire it.
You can choose to cultivate it.
It's elusive under pressure, but you can have it even on difficult days.

You can't go the distance without it. With all this being true where does joy break down? For context, we should keep in mind that the last couple of years, has probably stolen some joy in a person's life—but take heart it can be restored.

SOME COMMON THIEVES OF JOY

- Unrelenting high levels of pressure.
- Living outside your calling or serving in the wrong place.
- Leading in a toxic or unhealthy environment.
- Lack of close relationships or friends you trust.
- Unresolved conflict at home.
- Feeling unappreciated or unwanted.
- Working hard but little results.

THE JAMES 1 KIND-OF-JOY

Consider it a sheer gift, friends, when tests and challenges come at you from all sides. You know that under pressure, your faith-life is forced



into the open and shows its true colors. So don't try to get out of anything prematurely. Let it do its work so you become mature and well-developed, not deficient in any way. **James 1:2-4 MSG**

THE ROAD BACK TO JOY

1 "JOY IS NOT A REQUIREMENT OF CHRISTIAN DISCIPLESHIP; IT IS A CONSEQUENCE."

—Eugene Peterson

True and lasting joy cannot be summoned, manufactured, or purchased. Instead, it comes from a deeper place, an endless source, God Himself.

2 THE PRESENCE OF JOY DOES NOT MEAN THE ABSENCE OF PAIN



that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, **Philippians 3:10**

3 JOY IS ALWAYS NEW

For he must remain in heaven until the time for the final restoration of all things, as God promised long ago through his holy prophets. **Acts 3:21**

4 IF YOU HAVE BEEN WOUNDED, TAKE TIME TO HEAL

- When you are hurting take time to heal.
- When you are exhausted take time to rest.
- When you are carrying tremendous pressure, ask for help and let God carry what you can't carry.

5 HEALTHY HABITS, MORE THAN ECSTATIC MOMENTS ARE THE PRACTICES OF JOY

- Gratitude
- Laughter
- Community
- Generosity
- Outlook

