



# Hygiene Kit Needs

1. Shampoo & conditioner, soap, body wash
2. Socks (men's & women's, unisex)
3. Deodorant (men's & women's)
4. Snacks (cheese or pb crackers, cookies)
5. Candy (hard candies only, no chocolate)
6. Washcloths
7. Combs (men's & women's)
8. Toothpaste, toothbrushes, & dental floss
9. Lotion
10. Razors/shaving cream (mainly men's)
11. Feminine pads/tampons (smaller the better)
12. Bottled water/hot chocolate mix
13. Saltine Crackers (individually packaged)
14. Vienna Sausage or other canned meat
15. Gallon size "slider" Ziploc bags

\* We serve far more men than women; please keep this in mind as you shop.

\*Updated February 2017