

DISCUSS

What are some of the ways you have been able to relate to David throughout this study?

How would you describe your relationship with Christ today? How do the verses we're studying in this session encourage you to be honest with the Lord about your circumstances?

What did Matt say was the theme of this session?

Who have you known to have a love for God's Word similar to David's?

Would you describe yourself as having this level of love for God's Word? Why or why not?

What would change about the way you go about your life if God's Word became your "meditation all the day" the way it was for David?

In verses 100–104, what does David say he has gained from God's Word?

How does he gain this understanding?

What word/phrase would you use to describe your feelings toward the Bible? Do you share a similar appetite for Scripture? Why or why not?

What do you find most challenging about a personal study of God's Word?

How have you seen God's Word deepen your understanding throughout your walk with Christ? How has it changed your ability to see what is good and what is false?

Based on your current routines, what are some of the intentional ways you attempt to grow in your understanding through Scripture? What could you do to be more intentional in the weeks ahead?

What are the three ways Matt explained that God’s Word sustains us from this passage?

How has God’s Word been a “lamp” for you the way David describes in verse 105? How did it provide clarity in a time of uncertainty?

How have you received hope from God’s Word during a season of suffering?

What did you learn about God as a result of these times?

According to Matt’s explanation in the session, what is the difference between joy and happiness?

What does David describe as the source of his joy in verse 111?

How did you react to Matt’s comments about living with an open hand on your life?

What does it mean to live with an “open-handedness”?

What are some areas of your life where you struggle to live with this kind of open-handedness? How would your life look different if you were able to?

According to verse 114, who is David’s “hiding place” and “shield”?

According to John 5:39–40, who does Jesus say the Scriptures bear witness to? What does that mean for our understanding of the Bible?

How should the truth that God’s Word leads to a personal relationship with Him change your approach to Scripture? In what ways should it encourage your time in the Word knowing that it is drawing you deeper into a relationship with God?

How do you tend to react to the idea of “fearing” God? What does that look like for you?

In what ways did Matt’s explanation change your views?

What did he say were the benefits of this kind of good fear?

How would your life look different if you were to walk in a biblical fear of God? How will you pursue that end in the days ahead?

LIVE IT OUT

Pray: Each day this week, ask God to deepen your love for His Word and cause you to grow closer to Christ as a result.

Evaluate: Take inventory of your attitude toward God’s Word and evaluate whether or not you have the same affection as David describes throughout Psalm 119. Ask God to create a love within you for His Word wherever needed.

Surrender: If the Holy Spirit has convicted you of any areas of your life where you are not living with an open hand, surrender those to the Lord today and trust Him to be sufficient for you.

Ask: If you struggle with understanding how to study and meditate on Scripture, reach out to a believer you know who practices this discipline well and ask him or her to teach you.

Serve: If studying God’s Word is something you do well, look for ways to help those who struggle grow in their ability to study and understand Scripture.