



HOW TO BE  
**BRAVE**  
"Braving the Storm"

**September 27, 2015**

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*That day when evening came, he said to his disciples, "Let us go over to the other side." Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?" He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. He said to his disciples, "Why are you so afraid? Do you still have no faith?" They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!" (Mark 4:35-41 NIV)*

### **Manmade Storms:**

1. \_\_\_\_\_ . *And among all the parts of the body, the tongue is a flame of fire. It is a whole world of wickedness, corrupting your entire body. It can set your whole life on fire, for it is set on fire by hell itself.* (James 3:6 NLT)
2. \_\_\_\_\_ . *Work hard and become a leader; be lazy and become a slave.* (Proverbs 12:24 NLT)
3. \_\_\_\_\_ . *The young men who had grown up with him replied, "These people have said to you, 'Your father put a heavy yoke on us, but make our yoke lighter.' Now tell them, 'My little finger is thicker than my father's waist. My father laid on you a heavy yoke; I will make it even heavier. My father scourged you with whips; I will scourge you with scorpions.'" (1 Kings 12:10- 11 NIV)*
4. \_\_\_\_\_ . *Many are the plans in a person's heart, but it is the Lord's purpose that prevails.* (Proverbs 19:21 NIV)
5. \_\_\_\_\_ . *"For there is nothing hidden that will not be disclosed, and nothing concealed that will not be known or brought out into the open."* (Luke 8:17 NIV)

### **How to Brave the Storm:**

1. **Realize the waves \_\_\_\_\_ are more dangerous than the waves \_\_\_\_\_.** *But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind.* (James 1:6 NIV)
2. **Thank God for what you're about to \_\_\_\_\_.** *...let the wise listen and add to their learning, and let the discerning get guidance...* (Proverbs 1:5 NIV)
3. **Raise the \_\_\_\_\_ of your heart.** *"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."* (Matthew 11:28-30 NIV)