



Bless the Lord, O My Soul: A Study in Psalms  
Psalm 34: O Taste and See that the Lord Is Good  
*Larry Stuart ~ October 27, 2019*

I. Introduction – Craig Biggio, utility player, Houston Astros 1988-2007

Psalm 34 – vv. 1-10 are a hymn of praise and a personal testimony of God's goodness toward David

vv. 11 – 22 Resembles wisdom literature/instructions in the fear of the Lord

II. The Psalmist's Opening Summons to Praise (vv. 1-3)

*I will bless the LORD at all times; his praise shall continually be in my mouth.*

- In every circumstance of life – 1 Samuel 18:11, 21:10, 23:15, 2 Samuel 15:14,  
Philippians 3:1,4:4, I Thessalonians 5:16

- Lament leads to Praising God – Psalm 22, 44, 86, 56:8

- Call to Corporate Praise – Psalm 150, Hebrews 10:25, Revelation 19:1,6-8

*Oh, magnify the LORD with me, and let us exalt his name together!*

III. The Psalmist's Personal Testimony (vv. 4-7)

*I sought the LORD, and he answered me and delivered me from all my fears.*

- Physical Deliverance – 1 Samuel 17:37, 2 Samuel 22:18

- Standing Before God – 2 Samuel 12:13, Psalm 51: 1-2

*The angel of the LORD encamps around those who fear him and delivers them*

- The Angel of the Lord

Synonymous with God – Genesis 16:7-10, Exodus 3:2

Protection from Surrounding Nations – Judges 2:1, 2 Kings 19:35, Isaiah 37:36

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- Call to experience the truth of God's Goodness – Hebrews 6:5, 1 Peter 2:3

*Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him!*

IV. Wisdom-Like Instruction in the Fear of the Lord (vv. 8-14) – Psalm 15:3, Proverbs 1:7, 13:3, 21:23, James 1:26, 3:2, 1 Peter 2:1,22

*Come, O children, listen to me; I will teach you the fear of the LORD.*

*What man is there who desires life and loves many days, that he may see good?*

*Keep your tongue from evil and your lips from speaking deceit. Turn away from evil and do good; seek peace and pursue it.*

V. The Fate of the Righteous vs. the Wicked (vv. 15-21) – 1 Sam 12:17, 2 Sam 22:47,51, Psalm 1:4-6, 18:2, 36, 37:20,34, Matthew 25:31-46

*The eyes of the LORD are toward the righteous and his ears toward their cry.*

*The face of the LORD is against those who do evil, to cut off the memory of them from the earth.*

VI. Today is the day of Salvation

*In a favorable time I listened to you, and in a day of salvation I have helped you." Behold, now is the favorable time; behold, now is the day of salvation. – 2 Corinthians 6:2*

*if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. – Romans 10:9*