



Bless the Lord, O My Soul, Psalm 103

Mike Halpin, August 12, 2012

Introduction: Worship, the missing jewel.

Worship: to bow before a superior
to declare the excellences' of a superior

Two reasons not to:

1. we don't recognize the greatness of God
2. we choose not to

Psalm 103, *NASB*

A Psalm of David

1 Bless the LORD, O my soul,
And all that is within me, bless His holy name.

2 Bless the LORD, O my soul,
And forget none of His benefits;

3 Who pardons all your iniquities,
Who heals all your diseases;

4 Who redeems your life from the pit,
Who crowns you with lovingkindness and
compassion;

5 Who satisfies your years with good things,
So that your youth is renewed like the eagle.

6 The LORD performs righteous deeds
And judgments for all who are oppressed.

7 He made known His ways to Moses,
His acts to the sons of Israel.

8 The LORD is compassionate and gracious,
Slow to anger and abounding in lovingkindness.

9 He will not always strive with us,
Nor will He keep His anger forever.

10 He has not dealt with us according to our sins,
Nor rewarded us according to our iniquities.

11 For as high as the heavens are above the earth,
So great is His lovingkindness toward those
who fear Him.

12 As far as the east is from the west,
So far has He removed our transgressions from us.
13 Just as a father has compassion on his children,
So the LORD has compassion on those who fear Him.
14 For He Himself knows our frame;
He is mindful that we are but dust.

15 As for man, his days are like grass;
As a flower of the field, so he flourishes.
16 When the wind has passed over it, it is no more,
And its place acknowledges it no longer.
17 But the lovingkindness of the LORD is from
everlasting to everlasting on those who fear Him,
And His righteousness to children's children,
18 To those who keep His covenant
And remember His precepts to do them.

19 The LORD has established His throne in the
heavens,
And His sovereignty rules over all.
20 Bless the LORD, you His angels,
Mighty in strength, who perform His word,
Obeying the voice of His word!
21 Bless the LORD, all you His hosts,
You who serve Him, doing His will.
22 Bless the LORD, all you works of His,
In all places of His dominion;
Bless the LORD, O my soul!

I. Praise/worship is the only appropriate response to a right apprehension of God and His blessings

Praise first and last, verses 1-2 and 22, Bless the Lord, O my soul!

Joining the chorus: angels, hosts/armies, works

Are we joining voices with the angels or the silence of dumb rocks?

II. Remembering leads to praise

Verse 2, Forget none of His benefits

Memories, like photographs, should focus our minds anew on the mercies and goodness of God.

III. Two primary reasons to bless the Lord

A. The forgiveness of our sins- 4X

Verses 3-4

9

10

12

If we find our praise shallow it's almost certain we don't realize the wickedness of our own sin or the fate God saved us from.

B. God's loyal love and compassion- 5X

Verses 4

8

11

13

17

IV. Other reasons to bless God

Verses 5

6

7

My reasons to bless the Lord:

_____	_____
_____	_____
_____	_____
_____	_____

A silent love is acceptable only from the lower animals. God has given us speech that we should call upon His name. Worship is to religion what fragrance is to the flower. Henry Van Dyke