



Hrvoje Poljan / Agence France-Presse

Devoid of sin, one can feel as free as a bird

An ultra-Orthodox Jew swung a chicken above his wife's head Wednesday as he read prayers during the Kapparot ceremony in Jerusalem. The ritual, meant to transfer the sins of the past year to the chicken, is performed before the Day of Atonement, Yom Kippur, the Jews' holiest day. Later, the chicken traditionally is slaughtered and given to the poor.

Versus Christ: the Ultimate and Final Sacrifice for Sin

“All the prophets testify about him (Jesus) that everyone who believes in him receives forgiveness of sins through his name.”
Acts 10:43

“In him (Jesus) we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace that he lavished on us with all wisdom and understanding.” Ephesians 1:7-8

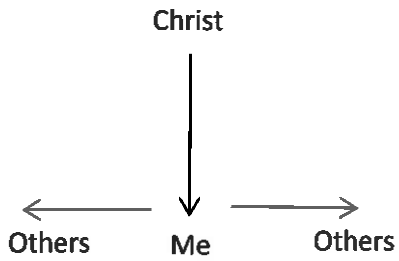
“Now there have been many of those priests, since death prevented them from continuing in office; but because Jesus lives forever, he has a permanent priesthood. Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them.

Such a high priest meets our need – one who is holy, blameless, pure, set apart from sinners, exalted above the heavens. Unlike the other high priests, he does not need to offer sacrifices day after day, first for his own sins, and then for the sins of the people. He sacrificed for their sins **ONCE FOR ALL WHEN HE OFFERED HIMSELF.**
Hebrews 7:23-27

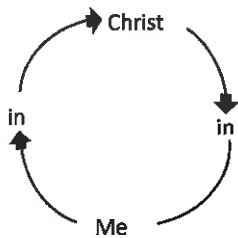
“...without the shedding of blood there is no forgiveness...Christ was sacrificed once to take away the sins of many people; and he will appear a second time, not to bear sin, but to bring salvation to those who are waiting for him.”
Hebrews 9:22, 28

Class Notes – March 16, 2016

Vertical Forgiveness (God to Us) and Horizontal Forgiveness (between people): what are differences?



Comments on Christ in Me and Me in Christ:



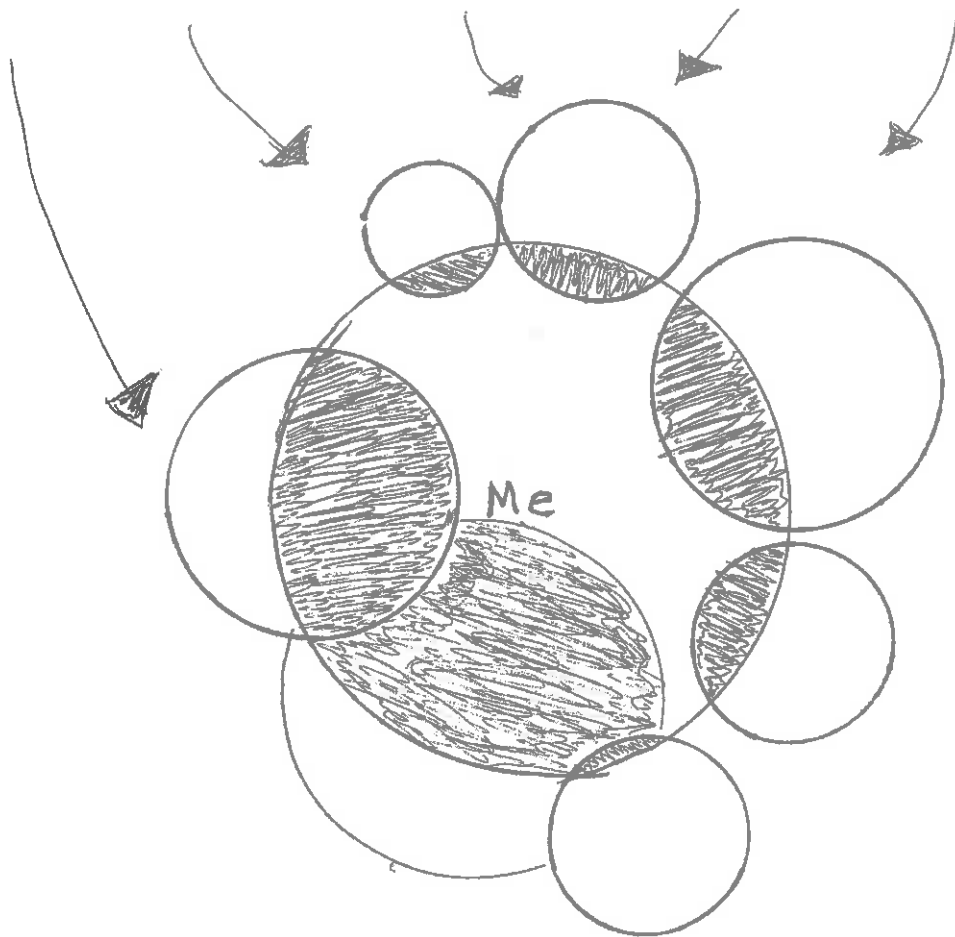
What is Important in Your Life?

How does “Christ in Me and Me in Christ” compute with this?

Using a big circle to represent your life, think of smaller circles that make up a big part of that life and on the next page (blank except for large circle) construct a set of intersecting circles that diagrams your focus and priorities. There is an example below. Color in the overlap with those circles with your big circle. Think about the empty segment that would be left if any of these smaller circles were taken from you. Also, think about how your being in Christ and Christ in you fits with all of this.

Include things such as:

Job, friends, favorite hobby or hobbies (circle for each), spouse, children – yours or friends’, belongings, house, car, clothing and appearance, faith, exercise or health, clubs or organizations, church involvement, food - and/or any others you can think of.



One Way of Looking at Hurts and Resources

We have talked in class about the image of a balance scale or a teeter totter – and how it fits with dealing with hurts. Below is a useful diagram that you can apply when examining life in general or a specific hurtful situation. **Remember, it seldom works to try to just minimize or chip away at the hurt on our own. God may do that for you, and time and/or forgiveness will possibly lessen the intensity – but in the meantime, what can help balance your life – making it easier to live with unresolved issues?**

Look at the example below and then draw your own.

Boxes on the right that represent resources will vary in size (degree of help). You can include whatever is available to you – such as **support of a friend, prayer, songs, fellowship, information/clarification on what happened, remembering who Christ is in your life, Bible verses, reassurance regarding what control you had** (for example, learning that a child does not “invite” or “ask for” or “deserve” abuse or abandonment), **comforting images, etc.**

