



**METROCREST**  
PRESBYTERIAN CHURCH



# The Jonah Church

**July 18, 2021**

**Welcome!**

To all who are spiritually weary and seek rest;  
To all who mourn and long for comfort;  
To all who struggle and desire victory;  
To all who sin and need a Savior;  
To all who are strangers and want fellowship;  
And to whoever will come –

*This church opens wide her doors and offers her welcome  
in the name of the Lord Jesus Christ.*

## God Calls Us To Worship

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### Responsive Call to Worship from Ps. 36:7-9

Leader: How precious is Your steadfast love, O God!  
**Unison: The children of mankind take refuge in the shadow of Your wings.**

Leader: They feast on the abundance of Your house,  
**Unison: And You give them drink from the river of Your delights.**

Leader: For with You is the fountain of life;  
**Unison: In Your light do we see light.**

## We Celebrate The Resurrection

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### “Come Behold the Wondrous Mystery”

Come, behold the wondrous mystery,  
In the dawning of the King.  
He, the theme of heaven’s praises,  
Robed in frail humanity.  
In our longing, in our darkness,  
Now the light of life has come!  
Look to Christ who condescended,  
Took on flesh to ransom us.

Come, behold the wondrous mystery,  
He the perfect Son of Man.  
In His living, in His suffering,  
Never trace nor stain of sin.  
See the true and better Adam,  
Come to save the hell-bound man.  
Christ, the great and sure fulfillment  
Of the law; in Him we stand.

Come, behold the wondrous mystery,  
Christ the Lord upon the tree.  
In the stead of ruined sinners  
Hangs the Lamb in victory.  
See the price of our redemption,  
See the Father’s plan unfold.  
Bringing many sons to glory,  
Grace unmeasured, love untold.

Come, behold the wondrous mystery,  
Slain by death the God of life.  
But no grave could e'er restrain Him;  
Praise the Lord, He is alive!  
What a foretaste of deliv'rance,  
How unwavering our hope.  
Christ in power resurrected  
As we will be when He comes.

### **Acknowledging God's Presence**

#### **Worship Theme**

Not Ashamed of the Gospel

#### **Theme Verses**

For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek. For in it the righteousness of God is revealed from faith for faith, as it is written, "The righteous shall live by faith." Rom. 1:16-17

#### **"There is a Fountain Filled with Blood"**

Trinity Hymnal #253

There is a fountain filled with blood  
Drawn from Immanuel's veins;  
And sinners, plunged beneath that flood  
Lose all their guilty stains.  
Lose all their guilty stains,  
Lose all their guilty stains,  
And sinners, plunged beneath that flood  
Lose all their guilty stains.

The dying thief rejoiced to see  
That fountain in his day;  
And there have I, as vile as he,  
Washed all my sins away.  
Washed all my sins away,  
Washed all my sins away.  
And there have I, as vile as he,  
Washed all my sins away.

E'er since by faith I saw the stream  
Your flowing wounds supply,  
Redeeming love has been my theme,  
And shall be till I die.  
And shall be till I die,  
And shall be till I die,  
Redeeming love has been my theme,  
And shall be till I die.

Then in a nobler, sweeter song  
I'll sing Your pow'r to save,  
When this poor lisping, stamm'ring tongue  
Lies silent in the grave.  
Lies silent in the grave,  
Lies silent in the grave,  
When this poor lisping, stamm'ring tongue  
Lies silent in the grave.

Dear dying Lamb, Your precious blood  
Shall never lose its pow'r,  
Till all the ransomed church of God  
Be saved to sin no more.  
Be saved to sin no more,  
Be saved to sin no more,  
Till all the ransomed church of God  
Be saved to sin no more.

## We Confess Our Sins

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### Prayer of Confession

**Unison:** God of mercy, You are full of tenderness and compassion, slow to anger, rich in mercy, and always ready to forgive. We confess that we have sinned against You, and have clung to evil rather than to Christ. Have mercy on us, and forgive our sin. Restore us to newness of life, and seat us at Your table of grace, that we may feast with delight on all that satisfies the hungry heart.

*Silence is kept for personal reflection and confession.*

### Responsive Assurance of Pardon Based on Eph. 2:4-5

**Leader:** Hear the good news! God, being rich in mercy, because of the great love with which He loved us, even when we were dead in our trespasses, made us alive together with Christ – by grace you have been saved.

Know that if you are a believer in Jesus, God embraces you, forgives you, and strengthens you to live a renewed life.

**Unison:** **Thanks be to God.**

## Lord's Prayer

Unison:

**Our Father in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil. For Yours is the kingdom and the power and the glory, forever. Amen.**

### **“Dear Refuge of My Weary Soul”**

Dear refuge of my weary soul,  
On Thee when sorrows rise;  
On Thee when waves of trouble roll,  
My fainting hope relies.  
To Thee I tell each rising grief,  
For Thou alone canst heal.  
Thy Word can bring a sweet relief  
For every pain I feel.

But oh! When gloomy doubts prevail  
I fear to call Thee mine;  
The springs of comfort seem to fail,  
And all my hopes decline.  
Yet gracious God where shall I flee?  
Thou art my only trust.  
And still my soul would cleave to Thee,  
Though prostrate in the dust.

Hast Thou not bid me seek Thy face,  
And shall I seek in vain?  
And can the ear of sovereign grace  
Be deaf when I complain?  
No, still the ear of sovereign grace  
Attends the mourner's prayer;  
Oh may I ever find access  
To breathe my sorrows there.

Thy mercy seat is open still;  
Here let my soul retreat  
With humble hope, attend Thy will,  
And wait beneath Thy feet.  
Thy mercy seat is open still;  
Here let my soul retreat  
With humble hope, attend Thy will,  
And wait beneath Thy feet.

## Affirmation of Faith from Heidelberg Catechism, Q+A 127

Leader:

What is the sixth petition of the Lord's Prayer?

Unison:

***And lead us not into temptation, but deliver us from the evil one. That is: In ourselves we are so weak that we cannot stand even for a moment. Moreover, our sworn enemies – the devil, the world, and our own flesh – do not cease to attack us. Will You, therefore, uphold and strengthen us by the power of Your Holy Spirit, so that in this spiritual war we may not go down to defeat, but always firmly resist our enemies, until we finally obtain the complete victory.***

### **“Your Will Be Done”**

Your will be done, my God and Father,  
As in heaven, so on earth.  
My heart is drawn to self-exalting;  
Help me seek Your kingdom first.  
As Jesus walked, so I shall walk,  
Held by Your same unchanging love.  
Be still my soul, O lift your voice and pray:  
'Father, not my will but Yours be done.'

How in that Garden He persisted  
I may never fully know;  
The fearful weight of true obedience,  
It was held by Him alone.  
What wondrous faith, to bear that cross!  
To bear my sin, what wondrous love!  
My hope was sure, when there my Savior prayed:  
'Father, not my will but Yours be done.'

When I am lost, when I am broken  
In the night of fear and doubt,  
Still I will trust in my good Father;  
Yes, to one great King I bow!  
As Jesus rose, so I shall rise  
In ransomed glory at the throne;  
My heart restored,  
With all Your saints I sing:  
'Father, not my will but Yours be done!'

As we go forth, our God and Father,  
Lead us daily in the fight,  
That all the world might see Your glory,  
And Your Name be lifted high.

And in this Name we overcome,  
For You shall see us safely home.  
Now as Your church, we lift our voice and pray:  
'Father, not my will but Yours be done!'  
'Father, not my will but Yours be done!'  
'Father, not my will but Yours be done!'

**Moment for Mission** – International Missionaries

**Prayer of Intercession** – MPC Elder – James Woods

## We Reflect On God's Word

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**Reading God's Word** – Jonah 3:1-10

**Applying God's Word**

Colin Deay  
"The Arising Church"

Sermons can be listened to, or downloaded, through our web site

## We Respond To God's Grace

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**Investing In God's Work** (continue in silent prayer)

**"It is Well with My Soul"**

Trinity Hymnal #691

When peace, like a river, attendeth my way,  
When sorrows like sea billows roll;  
Whatever my lot, Thou hast taught me to say,  
"It is well, it is well with my soul."

**(Refrain)**

It is well (it is well)  
With my soul (with my soul)  
It is well, it is well with my soul.

Though Satan should buffet, though trials should come,  
Let this blest assurance control,  
That Christ has regarded my helpless estate,  
And has shed His own blood for my soul. **(Refrain)**

My sin – O the bliss of this glorious thought! –  
My sin, not in part, but the whole,  
Is nailed to the cross and I bear it no more;  
Praise the Lord, praise the Lord, O my soul! **(Refrain)**

O Lord, haste the day when the faith shall be sight,  
The clouds be rolled back as a scroll;  
The trump shall resound and the Lord shall descend,  
“Even so” – it is well with my soul. **(Refrain)**

## We Are Commissioned With God’s Blessing

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### Closing Blessing

### Postlude and Meditation

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## **Sermon Text: Jonah 3:1-10**

<sup>1</sup> Then the word of the Lord came to Jonah the second time, saying, <sup>2</sup> “Arise, go to Nineveh, that great city, and call out against it the message that I tell you.” <sup>3</sup> So Jonah arose and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly great city, three days' journey in breadth. <sup>4</sup> Jonah began to go into the city, going a day's journey. And he called out, “Yet forty days, and Nineveh shall be overthrown!” <sup>5</sup> And the people of Nineveh believed God. They called for a fast and put on sackcloth, from the greatest of them to the least of them.

<sup>6</sup> The word reached the king of Nineveh, and he arose from his throne, removed his robe, covered himself with sackcloth, and sat in ashes. <sup>7</sup> And he issued a proclamation and published through Nineveh, “By the decree of the king and his nobles: Let neither man nor beast, herd nor flock, taste anything. Let them not feed or drink water, <sup>8</sup> but let man and beast be covered with sackcloth, and let them call out mightily to God. Let everyone turn from his evil way and from the violence that is in his hands. <sup>9</sup> Who knows? God may turn and relent and turn from his fierce anger, so that we may not perish.”

<sup>10</sup> When God saw what they did, how they turned from their evil way, God relented of the disaster that he had said he would do to them, and he did not do it.

### **Sermon Title: The Arising Church**

I. Arise and Go

II. Arise and Repent

III. Arise and Rejoice

## Life at Metrocrest – Announcements for the Week – July 18, 2021

*Discovering God's love and sharing it with others.*

### Today

1. **Today is the Ninth Sunday of Pentecost:** Pentecost is the longest season of the church calendar, running this year for 27 weeks! From now until Advent, we will be reflecting on Christian discipleship.
2. **Colin Deay Preaching:** Pastor Bill Lovell and his family are away today on a family trip to Colorado Springs. MPC's Director of Music & Worship Colin Deay will be preaching this morning from Jonah 3.
3. **Mission Moment:** This morning we are highlighting the work of three of MPC's International Missionaries, Tom and Vicki Gilliam, Keith and Debbie Kanavel, and Sharon Abebe.
4. **Christ Church Carrollton Anniversary:** On July 18, 2010—eleven years ago today—Christ Church Carrollton met for the first time in the Plaza Arts Center in Downtown Carrollton. CCC has now united with MPC. We at MPC praise God for our new friends; join them in thanking God for His faithfulness; and now look forward to working together in our community for the glory of the Lord Jesus Christ.
5. **Children's Program Inserts:** Each Sunday, we provide younger children with a weekly program insert to help them engage the sermon text.
6. **Life Change** for the month of July will support Christian Community Action. CCA ministers to the poor by providing comprehensive services that alleviate suffering, bring hope and change lives. Headquartered in Lewisville, CCA is one of the largest private nonprofits in North Texas, providing more than 10,000 individual services each year. Through careful case management, CCA's holistic approach from rescue to transition helps families in need achieve self-sufficiency by offering a "hand-up" instead of a hand-out. Please bring your jars of change to put into the basket that will be in the front of the sanctuary! If you prefer, you can write a check with "Life Change" written in the memo line or you can give online via Realm. Thank you for joining together to bring the Gospel of Jesus Christ to our neighbors in Lewisville!!
7. **Adult Bible Class:** The Adult Bible Class meets Sundays from 9-10am. James Woods will be continuing a study of the Gospel of Mark. The nursery will be available for those with small children, and coffee and refreshments will be offered in the lobby. Children and Youth Sunday school classes are taking a break for the summer.

### Upcoming Activities & Events

8. **Children & Youth Sunday School Update:** Children's Sunday School and Youth Sunday School are taking a break, up to August 15<sup>th</sup> to allow some time off and opportunity for Gwen and her team to evaluate the program and make plans for the Fall term.
9. **Women's Ministry:** On **Tuesdays from 10-11am**, there will be a **Ladies' Prayer Time** hosted by Gwen Sterenberg via Zoom. More details and the

Zoom meeting invitation are available via Realm, or you may contact the church office for details.

10. **Youth Group:** There will be no youth group meeting this week, as the youth will be participating in service week. For more information about service week, please contact our youth group director Jay Marble (jay@metrocrestchurch.org).
11. **Christian Community Action: CCA's food pantry is resuming in person activities!** This month the youth group will be serving at CCA as part of their Service Week. No additional volunteers are needed this time, but we hope you'll consider joining us next month!
12. **Round Two of Our Acts 2:46 Suppers** is set for **Friday, July 30<sup>th</sup> or Saturday, July 31<sup>st</sup>**. You may sign up to host or be a guest at simple, low-key suppers like in Acts 2:46. The purpose of these suppers is for adult members of MPC to get to know each other. Sign-ups will be available in the lobby this weekend, and on Realm. The deadline to sign up is tomorrow, Monday, July 19<sup>th</sup>.
13. **Save the date - MPC's Got Talent** is back by popular demand! Mark your calendar for the evening of August 7<sup>th</sup>, and stay tuned for more details!
14. **Save the date – MPC's 32<sup>nd</sup> Anniversary Celebration** is set for the weekend of October 10<sup>th</sup>. Long-time assistant Jimmy Davis (now Pastor at Mountain Fellowship PCA in Signal Mountain, TN) will be preaching that Sunday, and he and his wife Christine will be with us to celebrate 32 years of God's faithfulness to our church.

## **News & Needs**

15. **MPC Budget Update:** MPC operates on a July-June fiscal year. At a Called Session Meeting last week, the Elders approved the 2021-2022 budget presented by the Board of Deacons on July 7<sup>th</sup>, with amendments. We will make the new budget available to the church as soon as it has been put in final form, with an informational meeting scheduled soon afterwards. In the meantime, please pray for God's continued provision and direction!

## **High Fives & Thanks**

16. **Presbytery College Ministry Committee:** A big High Five to MPC member Rob Guzak (formerly at CCC) who helps coordinate the work of RUF across North Texas. Rob and Dawna's kids, Matthew and Kristen, have been the direct beneficiaries of what RUF does!

Please click [here](#) to fill out our Welcome Card or to submit a prayer request. We would love to know that you worshipped with us today!



Let's get connected! **Realm** allows you to update your personal information, communicate with groups and teams, follow church announcements, look up members, manage online giving, and join events. To get started, contact us through the church office at [info@metrocrestchurch.org](mailto:info@metrocrestchurch.org) and we will help you get on your way!

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**Bill Lovell**  
**Laura Stites**  
**Colin Deay**  
**Steve Thomas**  
**Jay Marble**

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**The Session (Elders)**

Bill Camp  
Troy Carter  
Larry Perry  
David Sheets  
James Woods

**The Board of Deacons**

Dalton Dallas  
Daniel Greisser  
Will Grover  
Justin Sterenberg  
Josh Wyman

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