



THE
SERMON

ON THE MOUNT

MATTHEW 5-7

DO NOT BE ANXIOUS

Aron Osborne

August 18, 2013

THE
SERMON

Matthew 6:25-34

**Do Not Be Anxious
About Your Life
Because You Have A
Heavenly Father!**

I. Jesus And Anxiety

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1. Jesus Gives His Command

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1. Jesus Gives His Command
2. Jesus Gives His Reason

“If God is for us who can be against us? He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?”

~ Romans 8:31-32

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3. Jesus Gives His Diagnosis

“In hope he believed against hope, that he should become the father of many nations, as *he had been told*, “So shall your offspring be.” He did not weaken in faith when *he considered* his own body, which was as good as dead (since he

**was about a hundred years
old), or *when he considered*
the barrenness of Sarah's
womb.”**

~ Romans 4:18-19

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“When you’re in the intersection between the promises of God and the details of your situation, what you do with your mind is very important. In this intersection, God will never ask you to deny reality. Abraham considered

his circumstances, but he meditated on God. And as he meditated, he actually grew stronger in faith even though nothing in his circumstance had changed yet. Have the circumstances captured your meditation? Or do the eyes of

**your heart focus on a God who
is infinitely greater than
anything you'll ever face?"**

**~ Paul Tripp
*Dangerous Calling, pg. 133***

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3. Jesus Gives His
Diagnosis

4. Jesus Gives His
Antidote

**“If the love of a Father
will not make a child
delight in him, what
will?”**

~ John Owen

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**“His mercies are new
every morning.”**

~ Lamentations 3:23

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**“Jesus Christ is the
same yesterday and
today...and forever.”**

~ Hebrews 13:8

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“The anxious heart receives all kinds of blows through anticipatory anxiety that will never happen. Some of us have suffered much more in this world than has ever happened to us.”

~ R. Kent Hughes
The Sermon on the Mount, pg. 229

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**“This is the day that the
LORD has made;
let us rejoice and be
glad in it.”**

~ Psalm 118:24

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**Do Not Be Anxious
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Heavenly Father!**

II. How Do We Respond?

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1. Confess

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1. Confess
2. Seek Your Father In Heaven

“Do not be anxious about anything, but in everything by prayer and supplication make your requests known to God. And the peace of God, which *surpasses* all understanding, *will guard your heart and mind in Christ Jesus.*”

~ Philippians 4:6-7

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3. Consider Jesus and Give Thanks

3. Consider Jesus and Give Thanks
4. Personal Ministry

