

**Slaying The Dragon Of Busyness**  
**Matthew 22:37-40**

**“Crazy..... It’s been crazy busy!”**

Matthew 22:34-36

**I. Theology And “I’m Busy”**

● **Love The Lord**

● **Love the Lord your GOD**

***Psalms 139:16 Your eyes saw my  
unformed body; all the days ordained for***

***me were written in your book before one of them came to be.***



In 1930 economist John Maynard Keynes predicted his grandkids would work a 15 work week.

**The dragon wants to replace the Lord**

## **II. When Busy Is Bad**

- **Busy Is A Fruit Of The Spirit Crusher**

***But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And***

***those who belong to Christ Jesus have crucified the flesh with its passions and desires.***

***(Galatians 5:22-26 ESV)***

- **Busy Is A Growth Crusher**

- **Busy is a Mission Crusher**

Mark 1:35-39

***“Jesus understood his mission. He was not driven by the need of others, though he often stopped to help hurting people. He was not driven by the approval of others, though he cared deeply for the lost and the broken. Ultimately, Jesus was driven by the Spirit. He was driven***

***by His God given mission. He knew his priorities and did not let the many temptations of a busy life deter him from his task. For Jesus that meant itinerant preaching, with devoted times of prayer, on his way to the cross.” Kevin Deyoung***

Am I getting done what matters?

We are all going to be busy -- mission asks:  
Am I busy doing the right things?

- **Busy Is A Devotion Crusher**

John 15

The point of John 15 is that you are only missing out when you are missing Christ.

Distractions kill devotion

### **III. When Busy Is Good**

The dragon is not being busy - the dragon is being busy at the wrong things.

### **IV. Strategies To Slay The Dragon**

- Own it
- Be honest
- Be sober
- Asses the fruit

- Be understanding and helpful to others
- Get practical
- Identify the specific “Busy” dragon that needs to die in your life
- Remember mission
- Know God
- Don’t create a new legalism.

### For Further Study:

**Crazy Busy** A mercifully short book about a really big problem

By Kevin Deyoung

**Addicted to Busy** Recovery for the Rushed Soul

By Brady Boyd

**Do More Better** A Practical Guide To  
Productivity

Tim Challies

**The Busy Christian's Guide To  
Busyness**

Tim Chester

**What's Best Next** How The Gospel  
Transforms The Way You Get Things Done  
Matt Perrman

Blog Posts Yet To Come On Busyness:  
[www.timmerwin.com](http://www.timmerwin.com)

**Quotes to Consider:**

***"We are half hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at sea. We are far too***

***easily pleased." C.S. Lewis***

***"Our desire for happiness is too weak. We have accustomed ourselves to such small, unexciting, short lived, inadequate pleasure that our capacity for joy has shriveled. And therefore our worship has shriveled." John Piper***

***"The greatest adversary of love to God is not his enemies but his gifts. And the most deadly appetites are not for the poison of evil, but for the simple pleasures of earth." John Piper***

***If you don't feel strong desires for the manifestation of the glory of God, it is not because you have drunk deeply and are satisfied. It is because you have nibbled so long at the table of the world. Your soul is stuffed with small things, and there is no room for the great. God did not create you for this.***

***There is an appetite for God. And it can be awakened. I invite you to turn from the dulling effects of food and the dangers of idolatry, and to say with some simple fast: This much, O God, I want you.” John Piper***