The Light in the Darkness: Be Still Sunday, January 6, 2019

I. Synopsis

Hope is the missing piece when we feel as though there is no place to turn or when our lives take an unsuspected left hand turn. Knowing God is with us, even in the silence, can bring us hope. During this two-part series, we will explore the sovereignty of God. Understanding the sovereignty of God will allow us to put into proper perspective who God is and who we are.

II. Ice Breaker Question

Recount a time when you were left speechless. What was the occasion?

III. **Scripture**: Psalm 46 (ESV)

IV. Discussion Questions

1. When chaos abounds in your life what is your initial response? What is the response of the psalmist as life is beyond his control?

2. God's wisdom is infinite. J.I. Packer states, "The harder you try to understand the divine purpose in the ordinary providential course of events, the more obsessed and oppressed you grow with the apparent aimlessness of everything, and more you are tempted to conclude that life really is as pointless as it looks" (105). What are your thoughts regarding Packer's statement? Is there a situation in your life that you would like to know "why?"

3. "The Lord Almighty is with us," (Psalm 46:7,11) is a promise given to us throughout Scripture. How do suppose this promise is an encouragement to those in the following passages: Joshua 1:1-9 & Matthew 28:16-20? How might this promise be an encouragement to you?

4. Over the course of this week, mediate on the verse, "Be still, and know that I am God" (Psalm 46:10). What about God's character comes to your mind that leaves you speechless?

Packer, J.I. Knowing God. InterVarsity Press: Downers Grove, IL, 1973.