



Scripture: Ephesians 4:17-32

OVERVIEW: In this passage of Ephesians, Paul calls the church to take off the old self, renew their mind, put on the new self, and maximize their time.

PRAYER: This week, pray throughout your time instead of at the beginning and end. For instance, pray that God would reveal His truth to you before the “Dive In” section. Pray at the end of each question within the “Make It Personal” section that God would give you the strength to pursue what He has revealed to you. You have freedom to do what fits your group, but mix it up this week to challenge yourself.

GETTING STARTED

1. In order to renew your mind like we discussed last week, you have to know what wrong belief exists under your sin. In your quiet time/homework last week, how did God reveal your motives?

DIVE IN

1. Read Eph 4:25-29 and write down where Paul directs away from sin (negative) and then directs toward righteousness (positive).
 - a. What does this tell us about the relationship between avoiding sin and living in righteousness?
2. How can this passage guide us in dealing with other passages of prohibition (the thou shall not's and sin lists) in Scripture?
 - a. Try it out: Read the sin list (negative) of Romans 1:28-31 and then come up with a positive list that tells you what righteousness looks like.

MAKE IT PERSONAL

1. What one habit can you develop that will make this most positive impact in your relationship with Jesus? (Hint: it's usually the opposite direction of your sin)
2. What is God calling you to in your next season?
 - a. What will you have to give up to go where God is calling you?
 - b. What system can you put into place that will encourage you to continue heading in this direction?

HOMEWORK REMINDER

Put on the new: Find Scripture (Google search) that you can read, pray, and apply that is the opposite of the sin that God has revealed to you.