

# Be Not Afraid When Panic Attacks

Isaiah 7 | Pages 571-572 in the Church Bibles

“Be careful, be quiet, do not fear, and do not let your heart be faint...” (Isa. 7:4, ESV).

“Be careful, keep calm and don’t be afraid. Do not lose heart...” (Isaiah 7:4, NIV).



“When I am afraid, I will \_\_\_\_\_.”

“There is always a difference between the fear of the godly and of the ungodly. The ungodly find no way to calm their minds. The godly immediately turn to God, in whom they know they have a safe harbor. So even though they are harassed, they stay calm.”

--John Calvin

# The folly of not trusting God

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“Faith is not a leap in the dark; it is a leap into the light, a decision on the basis of evidence.”

--J. Alec Motyer

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3. God has proven himself trustworthy over and over again, vv. 10-12.
4. Unbelief is costly, vv. 14-17.



The short-term solutions of unbelief  
lead to long-term misery.

“Ahaz thinks he can manage without God. But it’s God who can manage without Ahaz. God can raise up a king from a virgin.”

--Tim Chester