



>>READ>> Ephesians 4:17-24

- (1) Paul insists that the Ephesian Christians must no longer live like pagans/Gentiles. How are these people outside of Christ described?
- (2) Describe the downward path of evil described in this passage. How does one thing lead to another? How have you seen this downward spiral at work?
- (3) What happens for people to get out of the old life? Describe the process as Paul teaches it here.
- (4) Consider your "change of direction." How did you come to know Christ and change direction? How did you come to "put off your old self" and "put on Christ"?
- (5) What is the role of the mind in the behavior of both the pagans (v. 18) and the Christians (vv.20-24)?
- (6) What do you do, what habits do you have or spiritual disciplines do you do, to renew your mind in Christ (see also Romans 12:1-2)? How do you preach the gospel to yourself?
- (7) What is the next step you need to take in your walk with God and continue to "learn Christ" (v.20)?

**Spiritual Exercise:** Hospitality Challenge -- The challenge is to have 2 intentional meals this summer. For one meal, invite someone over from New City that you don't know that well. For the second, have a meal with a friend, neighbor, or co-worker who you're not sure knows the gospel. So...who are you going to invite?