

ROAD TO RECOVERY

NewStory
CHURCH | LA

SMALL GROUP QUESTIONS

Series: *Road to Recovery*

Part I: **R**ealize I'm Not God

ICE BREAKER: *We're already 2 weeks into the new year ... what's been your high & low so far?*

1) The list to the right is by no means exhaustive ... but it is a great starting point. Take a moment to personally & honestly identify your Top 5 Hurts (*emotional*), Habits (*physical*) and/or Hang-Ups (*mental*). Take your time and be honest. Then ... dare to share one with your Small Group.

WHAT HURT, HABIT, OR HANG-UP DO YOU NEED RECOVERY FROM?

Abuse	Competition	Gambling	Laziness	Rage
Adultery	Control Issues	Gossip	Loneliness	Rape
Addictions	Cynicism	Grief	Loss	Relational Stress
Aggravation	Depression	Harmful Tendencies	Lust	Sadness
Alcoholism	Despair	Hatred	Materialism	Self-Centeredness
Anger	Divorce	Hopelessness	Meritocracy	Self-Esteem
Anxiety	Domestic Violence	Hubris	Mental Health	Self-Harm
Betrayal	Drug Abuse	Hypochondria	Messianic Complex	Superiority
Bigotry	Dysfunctionality	Illness	Neglect	Thrill-Seeking
Bitterness	Eating Disorder	Indifference	Numbness	Trauma
Childhood Trauma	Emotional Distress	Irrational Fears	Perfectionism	Vanity
Chronic Disease	Family Drama	Jadedness	Pornography	Violence
Codependency	Fear of Failure	Judgmentalism	Profanity	Workaholism
Comparison	Financial Distress	Lack of Affection	Pride	Xenophobia

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2) Read Luke 18:9-14 aloud, together as a group. What are some key insights you pick up from Jesus' teaching here? How might this be an essential passage to keep in mind for this entire series?

3) The 8 Beatitudes of Christ form the 8 Principles of our *Road to Recovery*. Spend some time reading Jesus' teaching in Matthew 5:1-12 and then discuss the 1st Beatitude as it relates to the 1st Principle of R.E.C.O.V.E.R.Y. which is: **Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.**

4) How does Romans 7:14-20 relate to the question above?

5) *What area of life are you trying to play God? And where have things gotten unmanageable in your life? Dare to share (Remember: "You are only as SICK as your SECRETS.") ... then pray & consider joining us here:*



MONDAYS STARTING JAN 27
6:30 – 9:00 PM @ NEWSTORY KIDS ROOM

For more information visit www.newstorychurch.com/cr