

# ROAD TO RECOVERY

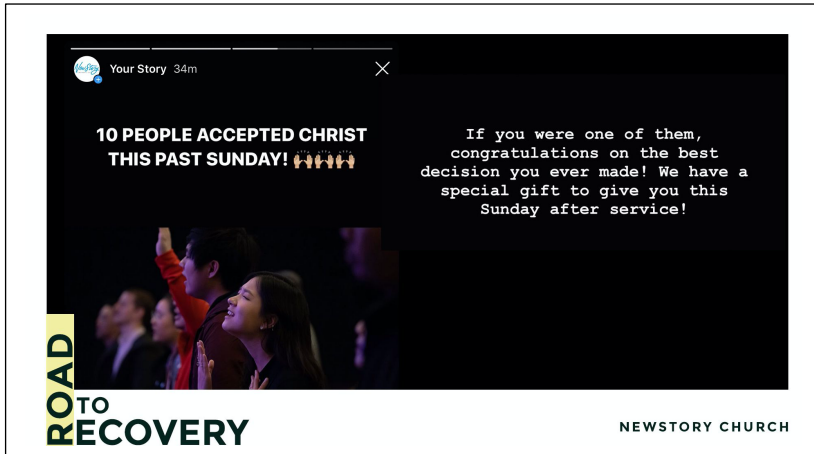
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## SMALL GROUP QUESTIONS

Series: Road to Recovery

Part 3: **Openly Examine and Confess**

ICE BREAKER: *When (if ever) did you accept Jesus Christ as your Lord and Savior? Share your story!*



1) Discuss your initial reaction to this week's 4<sup>th</sup> Road to Recovery Principle based off the 4<sup>th</sup> Beatitude from Jesus' Sermon on the Mount:

**Openly examine and confess my faults to myself, to God, and to someone I trust.**

**"Happy are the pure in heart." Matt 5:8a.**

Why do you suppose this principle is so hard for so many of us?

2) *We are only as SICK as our SECRETS.* Think

back to the phenomenon that is the *PostSecret* website ... Why do you suppose this website has been so popular for the last 15 years, for so many people AND in what ways do you think it falls short of any lasting recovery?

**DIG DEEPER:** Remember true VISION always starts with a PROBLEM (ex: *God gave Moses a massive vision ... but it was sparked by the problem of his people in captivity*). With that Biblical understanding of VISION in mind, do you see any intersections between the problems and pains a *PostSecret* website reveals and a greater VISION God may be awakening in you?

3) Read Psalm 32 and discuss the 3 specific ways we learned that GUILT hurts us this past Sunday. Need a refresher?

#1) *Guilt Crushes Confidence*

#2) *Guilt Ravages Relationships*

#3) *Guilt Imprisons You to the Past*

4) And last but not least ... how are you doing with this:

