

The Castaway's Prayer  
Lead Pastor: Ryan Rice  
Sunday, August 30, 2020  
ARISE

### **The Passage**

*Jonah 2:10, ESV*

### **What Every Castaway Needs To Know About God**

- ✓ God's grace will **gobble** you up. – That's **Perseverance**.  
*Psalm 30:3, Jonah 1:9, Jonah 1:17, John 10:28, 1 Peter 1:5, Philippians 1:6*
- ✓ God uses **affliction** to get your attention. – That's **Purpose**.  
*James 1:2-4, Romans 5:3-5, 1 Peter 4:12-13, Romans 8:28*
- ✓ God's plan is for you to be in his **presence**. – That's **Power**.  
*Psalm 16:11, Matthew 28:20, Romans 8:38-39, Acts 1:8*

### **How to Pray when You Feel Like a Castaway**

*Prayer is the Key To God's Presence. 4 Lessons from Jonah's Prayer.*

1. Be **honest** with God.  
*Jonah 2:3, Psalm 88:7, Ephesians 6:18, 1 Thessalonians 5:17*
2. Be **hopeful** even in hardship.  
*Jonah 2:7, Psalm 11:4, Jeremiah 29:11, Romans 15:13, Romans 12:12, Romans 8:24-25*
3. Be filled with **scripture**.  
*Jonah 2, Joshua 1:8, 2 Timothy 3:16, Psalm 119:11, Psalm 40:8*
4. Be **committed** to follow through.  
*Jonah 2:9, Philippians 1:6, John 14:6, Psalm 37:5*

**TRY IT OUT**  
Pray **Scripture**.