

THE PASSAGE

Ephesians 5:15-21, ESV

CLOSER LOOK AT THE HOLY SPIRIT

1. The Holy Spirit is the third member of the **trinity**.

Genesis 1:26, Matthew 28:19, Ephesians 4:4-6

We believe....

- ✓ There is one God
- ✓ God is three persons.
- ✓ Each are fully God.

2. The Holy Spirit is here to **help**.

John 16:8, Ephesians 1:13, Ephesians 5:18

- ✓ **Reveals**
- ✓ **Seals**
- ✓ **Fills**

What does it mean to be filled?

To be filled with the Holy Spirit means to be filled with the immediate **presence** and the **power** of God Himself in the ordinary and extraordinary times of life. The goal is to help you live more intentionally a life that looks more and more like Jesus.

Ephesians 1:4, 11, Ephesians 5:1, 5:15

Disclaimers

1. It doesn't just happen and it's not automatic
2. Sometimes it's spectacular and sometimes it's subtle

THREE STEPS TO BE FILLED WITH THE HOLY SPIRIT

1. **Ask** your Heavenly Father to fill you with the Holy Spirit.

Matthew 7:7-8, Luke 11:13, Galatians 3:5, Mark 11:24, John 15:7, I John 5:14, Ephesians 4:30, Acts 6:3, Acts 11:24

- ✓ Continual
- ✓ Ongoing
- ✓ Not easy but it's possible

2. Spend **time** in the presence of the Holy Spirit.

Romans 8:5, Luke 10:38-42, Ephesians 4:30, James 1:22

- ✓ Prayer and worship (alone and with others)
- ✓ Read, study and memorize God's word
- ✓ Obey the word

3. **Follow** the Holy Spirit

Galatians 5:25, Acts 1:8, Psalm 37:5-7, Psalm 62:5, 1 Kings 19:11-13

- ✓ **Look**
- ✓ **Listen**
- ✓ **Stop**

WHAT HAPPENS IF YOU ARE CONTINUALLY FILLED WITH THE HOLY SPIRIT?

1. You will better live like Jesus - Ephesians 5:1
2. You will better live more in His light - Ephesians 5:8
3. You will live more wisely in crazy times - Ephesians 5:15
4. You will make better use of your time - Ephesians 5:16
5. You will better understand what the Lord's will is - Ephesians 5:17
6. You won't want to get drunk - Ephesians 5:18
7. You will want to fill your life more with worship and pray more
8. You have more harmony in your home
9. You have a greater attitude of gratitude

10. You go easier on each other
11. You will more easily submit godly leadership - Ephesians 5:19-21
12. You will experience more victory over demonic opposition - Ephesians 6:10
13. You will receive more spiritual gifts to use in the church - I Corinthians 12:11
14. You gain more understanding or revelation of God in your life - Ephesians 1:17
15. You will be able to live a higher level of holiness in your life - Romans 8:13
16. You will become fruitful in your spiritual life - Galatians 5:22
17. You will see more answers to your prayers - Ephesians 6:18
18. You will have more fruitfulness at work, home, at church - Zechariah 4:6
19. You will definitely experience more peace and less stress - Romans 8:6

JESUS SAID...

"Peace I leave with you; my peace I give to you..."
- John 14:27

COMMUNION

If you've placed your faith in Jesus Christ as your Lord & Savior, we invite you to partake in Communion wherever you happen to be worshipping. Here are some steps that we encourage you to follow:

1. Prepare a small piece of bread (cracker or similar) and a small cup of grape juice (or something similar) that can serve as the elements of Communion.
2. Take a few moments and read 1 Corinthians 11:23-25.
3. Spend a few moments in prayer (silently or aloud) confessing your sins to Him and thanking Jesus for the forgiveness of sins and eternal life He offers you today.
4. Partake in the elements of Communion as you are ready.

TALK IT OVER

Ice Breaker - What's your favorite pet? If you don't have one, what would it be and why?

1. What stood out to you in the message and why?
2. Take a minute to read the passage: *Ephesians 5:15-21, ESV*
3. What's one specific thing can you apply to your life this week?
4. Pastor Ryan mentioned that we should spend time with the Holy Spirit in worship and prayer, reading God's word, and obeying it. What helps you connect with God? What does spending time with Him look like for you?
5. If we are filled up with the Holy Spirit, what do you think our lives would better look like? Someone read Ephesians 5:19-21.