



## Talk It Over

### How to use Talk It Over:

Talking through the message during the week helps you and your Neighborhood Group turn what God is saying to you into action steps. Begin with the key questions, add any optional scriptures and questions if needed, and then wrap up by deciding on your next steps.

### Brian Sumner's Main Idea:

"Let Jesus Take The Weight"

### Key Questions:

- What part of the message did you connect with the most?
- How do we lay aside our sins and weight? (look at verse 2 in Hebrews 12)
- How is Jesus as the son of God, sufficient in his life and death to bear our burdens?
- Jesus himself said that we all have troubles in life (John 16:33). So how can we help one another with our struggles and ease others burdens as Gods word tells us to (Galatians 6:2)?

### Next Week's Message:

- We are starting a new 7 week series in the gospel of John. Up next, "I am the bread of life"

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more info on Brian: <http://www.briansumner.net>  
**IDevents.org**

## **DAILY BIBLE READINGS**

Allow God to grow you in His word over the next 5 days by reading and talking over the following Bible passages this week.

Day 1: Matthew 6:25-34

Day 2: Philippians 4:6-8

Day 3: Hebrews 12:1-2

Day 4: Romans 15:1-2

Day 5: Luke 10:38-42