



# Introduction to Biblical Counseling



## Course Objectives:

1. Understand what BC is.
2. Increase understanding of how God's Word addresses us.
3. Increase desire to know & understand God through his: Son, Word, Spirit.



Review:

Who needs BC?



Review:

Who needs BC?

We are all needy and  
needed!



What is biblical  
counseling?



Biblical counseling can be defined as a fluid event and process, as part of the Great Commission, when a follower of Jesus Christ in the service of the Holy Spirit provides face-to-face ministry of the Word to others.



What are the four  
words to  
remember?



Cross (or Word)

Heat

Heart

Fruit





3 general  
approaches:

Secular

Biblical

Integrationist



Secular:

Origin  
Nature  
Problem  
Solution



Biblical:

Origin  
Nature  
Problem  
Solution

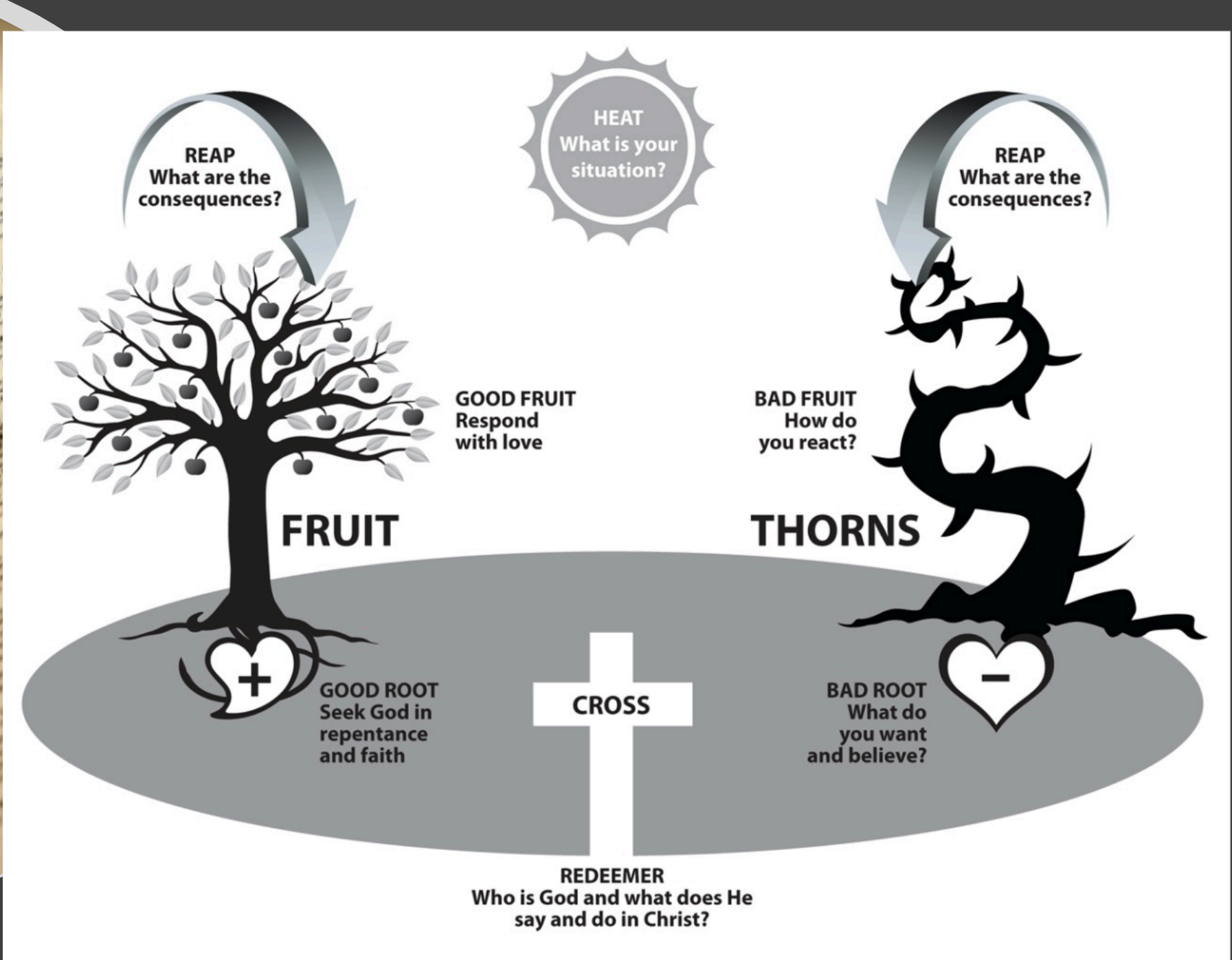


Integrationist:

Origin  
Nature  
Problem  
Solution



Matters of the Heart  
or  
The heart matters!





Using this model,  
what is in the  
hearts of Craig, or  
Cindy and John?