

Fight, Flight, & Faith

Matthew 6.24-34

You're not Good Enough (And that's a Good Thing)

Growth Group Questions Week of April 29, 2018



1. What are some fears that you have - such as peanut butter being stuck to the roof of your mouth, being buried alive, snakes, heights, etc.? Share when/how your fear started.
2. Reread this week's passage, Matthew 6.24-34 together. What is the Holy Spirit highlighting to you from Jesus' words?
3. Jesus connects fear about our wealth and value to our faith and trust in God. How have you seen the circumstances in your own life help or hurt your relationship with Jesus?
4. The command not to worry (v.25 & 31) is linked to an understanding and trust of God's character (v.26 & 32). Share with one another characteristics of our Heavenly Father that bring comfort in time of anxiety. To get you started, consider reading Psalm 23, Psalm 46 or the unbelievable parable of the Prodigal Son, Luke 15.11-32.
5. What are you anxious about? Spend some time in your groups hearing each other, comforting and reminding one another of Jesus' caring words for us in our passage. Spend some time in prayer to our heavenly Father, who knows and hears our cares.

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Message Notes Week of April 29, 2018



The Way of Jesus Invites us to Follow:

- In Faith, not In Fear (v.24)

Anxiety Is:

- Fear of Not Being Valuable Enough (v.25)
- Fear of Not Being Loved Enough (v.26)
- Fear of Not Being in Control Enough (v.27)
- Fear of Not Being Admired Enough (v.28-29)

Following Jesus Changes Everything:

- Gentiles Seek in Fear of Not Finding
- Children Seek in Faith for Provision (v.30-32)