

**God's solution For Hurting Families!**  
**Ephesians 4:25-32**  
**Growth Group Questions**  
**Week of August 2, 2015**



1. Think about your own family, or close friendships. What are some of the relational issues that seem to reoccur and cause conflict in your family and friendships?
  
2. Read our teaching passage, Ephesians 4:25-32. Think through God's good words to us and how they apply in our lives:
  - a. What are the four practical imperatives that God uses to restore hurting families?
  
  - b. What are some of the indicatives that God uses to restore hurting families?
  
3. Take a closer look at Ephesians 4:29 and take time to ponder this word from God. (The English word "benefit" is the word often translated "grace.") How could our obeying these words from God change our homes, schools, and workplaces? What practical steps could you take this week to keep in step with the Spirit's teaching in this verse?
  
4. Only Jesus giving us new desires and new power can change us—that's the Gospel! Consider Ephesians 4:32. How does what Jesus has already done for us encourage and empower us to be more like Christ in our families and friendships?