

If You're Breathing

Philippians 4.2-3
October 28, 2012
Message Notes



1. And how rare!

Psalm 133

If you're breathing, you're broken.

If you're broken, you've got broken relationships.

2. Broken Relationships in Philippi and Chula Vista

Philippians 2.2-3

Not often about right and wrong.

It's all about relationships.

Romans 12.18

3. Some thoughts

Don't be surprised

You probably haven't been wounded as deeply as you've concluded

Make the first moves

Nudge others not to wait until the other "gets it"

Break out of bitterness even if broken relationships remain

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Growth Group Questions



1. Share about a harmed relationship where God has helped you bring some restoration. (Of course, use care not to embarrass anyone!)
2. What do you make of our statement: *If you're breathing, you're broken. If you're broken, you've got broken relationships.*
3. Think about our broken relationship with God. We read Romans 5.6-10 a couple weeks back. Read it again. What four "broken" words describe us in our relationship to God? Yet what did He do? Who took the first step (and all the steps!) toward restoration and reconciliation?
4. Read Jesus' words in Matthew 5.23-24 and 18.15. Who does Jesus say should take the first steps when a relationship is broken? (For extra credit, walk through Matthew 5.23-26. In the context of broken relationships 5.23-24, what is Jesus saying in 5.25-26?)
5. What are some of the things that hold us back from seeking restoration in our broken relationships? Be honest. Talk together about steps you might take in seeking to bring healing to a wounded relationship. Pray for one another, and obey Jesus!