



Do you ever wish you could make a brand new start? You can. Jesus Christ came into the world not just to make us a better version of ourselves, but to make us brand new people. Join us in this 7 week series from the book of Ephesians and discover what it means to be made brand new.

1. Our world says what we do determines who we are. Can you give examples of this?
2. Read Ephesians 1:3-14. Spiritual identity theft is a serious problem. In order to stop spiritual identity theft we must know our true identity as Christ-followers. According to this passage Paul identifies six characteristics of who we are based on what Jesus Christ has done for us. Which one(s) do you struggle to believe?
  - I am chosen, v.4
  - I am adopted, v.5
  - I am redeemed, v.7
  - I am forgiven, v.7
  - I am spiritually enlightened, vv.9-10
  - I am an heir, vv.11-14
3. In this passage the phrase “in Christ” is repeated 11 times. What does it mean to be “in Christ”? Are you “in Christ”? If you are “in Christ” all these spiritual blessings are always true of you regardless of how you feel or what others say. How would believing this change how you live?
4. Praising God for every spiritual blessing in Christ resets our focus on our true identity. In v.3 the Apostle Paul praises God for all the blessings that are ours in Christ. His desire is that we too will be stimulated to give glory and praise to God for all we have in Christ. How can we remember to praise God all week for every spiritual blessing we have in Christ?
5. Read Ephesians 1:1-14 again. Spend time praising God together as a group for all the blessings that are ours in Jesus Christ.