

**The Change You Need**  
**February 9, 2020**

**Developing New Habits Pt. II**  
**Ephesians 5:1-14**

We all need to change. Whether it's starting to exercise, stopping a destructive habit, or changing an attitude, making changes can seem impossible. But with God change is possible. In this series, we 'll talk about what needs to happen in order for us to change and become the people God calls us to be.

1. Read Ephesians 5:1-14 as a group. According to verses 1 and 2, what are we commanded to do? Verse 2 explains the love that we are to walk in when it tells us that Christ "loved us and gave himself up for us as an acceptable offering and sacrifice to God". What does it look like to "walk" in this love?
2. A quality of this love that Paul focuses on is its *pure* nature. What reasons does Paul give throughout the passage to walk in radical purity?
3. Verses 3 and 4 indicate a very high standard of purity -- radical purity. The standard is high because the stakes are high, according to verses 5-6, why is purity viewed as so important among God's people?
4. Verse 6 warns against being deceived about sexual impurity by baseless words. What kind of arguments does our society or even Christians make to justify sexual impurity?
5. "Tolerating sexual immorality will eventually lead to justifying it". Do you agree with this statement? If it's a valid statement, what impact does that have on our pursuit of purity both as a group and as an individual?
6. The light of Christ exposes sin and shows us how ugly it really is. In what ways does the light of Christ expose sexual impurity to be wrong?
7. Sometimes walking in purity will mean giving up things that are *okay* (like TV shows, certain music, phone apps, movies, etc) for the sake of keeping sexual immorality far from your life and our community. Is there anything in your life that is *okay* that the Holy Spirit is calling you to give up for the sake of walking in purity?
8. How is God speaking to you? How is the light of Christ shining on you? Are there any changes in your habits or actions that need to take place in order to pursue radical purity?