



COUNSELING FAQs

What hope is there for my problems and questions?

- ❑ In today's complex world, God's practical counsel is desperately needed. There is incredible hope in the fact that God has provided the Scripture, His Word, the Bible, to give answers for your life's questions, problems, and solutions. God says He has provided everything necessary for a person to know Him and to live in a way that pleases Him. God promises to help and bless those who obey His instructions in the Bible. Therefore, the one who seeks after and follows God's answers for life can have great hope, contentment, and direction to handle all the pressures of life.

Who can come for counseling?

- ❑ Peninsula Biblical Counseling Ministries offers biblical counseling for individuals and couples. One does not need to be a member of Citadel Square Baptist Church to receive counseling. However, your Pastor or Elder must agree that this is the best solutions for your difficulties.

What kind of counseling is offered?

- ❑ Counseling is made available to help with any problems you may be facing—marriage, parenting, addictions, disorders, fear, anger, grief, panic, depression, anxiety, etc. Our faith-based counseling approach is based upon the truths of God's word, found only in the Bible. Since God, through His Word, has fully provided answers to life and every problem that we may encounter, in this world, is found in the Bible. The Bible is superior to any other source of counsel. It is the goal of the PBCM, to prayerfully, as well as skillfully, but practically bring God's solutions to bear upon the difficulties you are facing.

Who are the counselors?

- ❑ We are ACBC Certified Biblical Counselors with the Association of Certified Biblical Counselors (ACBC). Interns studying to become certified are also available for a reduced donation.

FEES:

What does the counseling cost?

The usual counseling donations vary with the demand, experience, and education of the counselor.

- Citadel Square Baptist Church Members: No Charge
- President/COO: \$75⁰⁰/Session¹
- Vice President/CA): \$50⁰⁰/Session²
- Both (Marital Pre- Post-Counseling) \$100⁰⁰ Session

Please do not let your financial situation hinder you from seeking our counseling services. Full or partial financial grants may be available upon request.

Payment

- Payment for counselees, other than, Citadel Square Members is due at the beginning of each session, unless otherwise agreed upon. We accept cash, check, and major credit cards. A \$25⁰⁰ returned check fee will be charged if your check does not clear the bank when presented.

Cancellation Policy

- Peninsula Biblical Counseling Ministries has a 48-hour cancellation/rescheduling policy. If you miss your appointment, cancel, or change your appointment with less than 48 hours' notice, you will be charged \$50⁰⁰. Exceptions are for sudden illnesses and emergencies only.

Insurance

- We are not able to accept any type of health insurance. However, we can provide a letter of receipt, which you may submit to your insurance company for possible reimbursement.

When will I be counseled?

- Counseling is available by appointment. Daytime and weekend appointments are available.

¹ No Fee – Donations Accepted

² No Fee – Donations Accepted

How long will counseling last?

- ❑ Counseling sessions normally last one hour each week for approximately 8 to 15 weeks. The number of sessions may be shortened or lengthened depending upon one's progress. The first appointment is 90 minutes.

What will my counselor expect of me?

- ❑ Your counselor will expect at least three things from you. First, you must have a willingness to grow and change. Second, you must attend each week's session. Third, you must complete homework assignments between counseling sessions to implement and ensure lasting change.

Intake Forms

There are two forms necessary for your first appointment. Please click on the links below, print the forms out, and bring them with you to your first appointment.

1. [Personal Data Inventory](#) (Use our forms)
2. [Consent to Counseling](#) (Use our forms)