

RIPE

“Spirit Fruit—Self-Control”

Galatians 5:22-23

Introduction: Without self-control a person faces _____. A ruined life ruins other lives. A lack of self-control leads to the worst kinds of dysfunction.

Definitions of Self-Control: 1) It is saying _____ to all that God forbids and _____ to all that He ordains. 2) It is bringing one's desires, appetites, passions, and impulses under the authority of _____, surrendered to the control of the _____ and accountable to another of like faith. 3) It is also the discipline to _____ in that place.

➤ How Self-Control is Contrasted

- Works of The _____—out of control (*Gal 5:19-21*) (*Proverbs 25:28*)
- Works of The _____—in control (*Gal 5:22-23*) (*2 Peter 1:5-11*)

Footnote: For the Christian, there is a difference between self-discipline and self-control. Self-discipline is purely motivated by what is best for the person through a goal that needs to be achieved, while self-control is motivated by a love for God which in turn is best for the person.

➤ How Self-Control is Presented

- Not Indulging Oneself But _____ Oneself (*Matthew 16:24*)
- Not Self-Effort But _____ (*Colossians 2:13, 20-3:3*)

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➤ **How Self-Control is Used**

To Overcome:

- thoughts of negativity, envy, worry
- emotions of anger, jealousy, hatred
- desires of gluttony, greed, sexual immorality
- _____—the deception
- _____—the truth & the consequences
- _____—asking for forgiveness from God
- _____ It—to the enemy, the world, the flesh
- _____—on the Holy Spirit

➤ **How Self-Control is Illustrated** (1 Corinthians 9:24)

Three Stages of Self-Control:

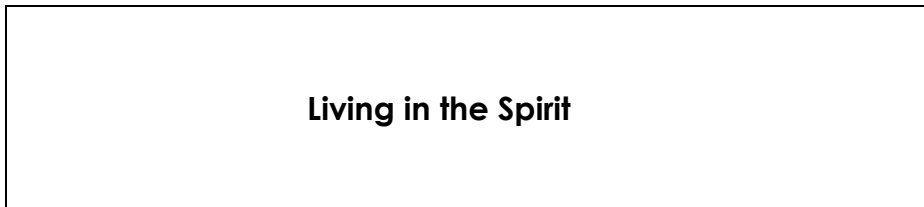
- _____—discipleship (1 Corinthians 9:25)
- _____—living intentionally(1 Corinthians 9:26)
- _____—staying the course (1 Corinthians 9:27)

Application: The very concept of “self-control” implies a battle between a _____ “self”. —John Piper

*“And those who are Christ’s **have crucified the flesh with its passions and desires.** If we live in **the Spirit**, let us also walk in **the Spirit.**” (Galatians 5:24-25)*

Are you walking in the Spirit? If so, it will be evident your life will produce fruit.

Living in the Flesh



Living in the Spirit

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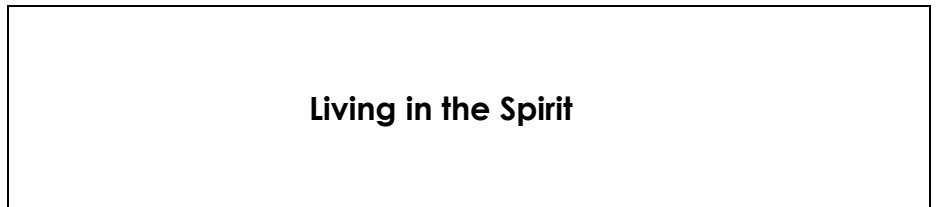
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