

Findings About Cross Sex Medicine

Anne Paulk

We conclude based upon an important scientific review* -- *Social transitioning encourages children to embrace cross sex identities and fragmentation of their connection of mind and body.*

1. Puberty blockers do not simply “buy time,” they derail normal physiological and brain development, and most often lead to further steps along the medical trans pathway.

Instead of medical benefits, the quantity and quality of evidence shows medical harms to children from cross-sex medicine and medical procedures. (Heart attack, osteoporosis, stroke, brain development issues, sterility are some of those risks.)

2. Gender transition for minors as a suicide prevention strategy is simply not supported by research and may even increase it.

The emotionally charged claim that medical risks are worth it to keep a child alive are simply not supported by the evidence. Instead of suicidality decreasing, there is better evidence of suicidality increasing.

3. Social affirmation of cross-sex identities paves the pathway toward serious medical and psychological dangers.

Strong research shows gender dysphoria in children usually goes away on its own by young adulthood, if “transition” is not encouraged thus avoiding the harmful effects of cross-sex medical interventions.

4. Teaching that it is possible—without any scientific evidence—that a child can be born in the wrong body may have led to the massive increase in cases worldwide.

Children and young adults can be influenced by social, educational, and cultural forces to embrace cross sex identities.

5. Advocating to teach young school children about sexuality, homosexuality, and transgenderism—for which no research shows evidence of benefit—raises serious questions regarding the motive behind such aggressive pursuits at the early indoctrination of children.

There is no scientific evidence that young children benefit from being taught about sexuality, homosexuality, or transgenderism in school nor that such teaching does not do harm.

School boards, parents, teachers, pastors, doctors, medical boards, counselors, legislatures, friends, and family need to know what is true and beneficial. Compassion does not lead people to reinforce concepts that lead to serious, life-long medical, and mental health dangers for children. Those who care about youth and have compassion for the next generation will act upon what is true.

* <https://tinyurl.com/2p8kxck3>

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Anne Paulk, Executive Director

2022 Recap--Each year begins with an in-person Restored Hope Board of Directors Retreat, preparation through out the year for the HOPE conference, partner with influential groups behind the scenes, speak, give radio interviews regularly, write articles, and more. This year we also hired RHN staff, moved our offices (we are now in

Dr. Dobson's building), redesigned our brochure and exhibit booth, participated in many meetings and traveled both to speak or strategize with others. Personally, two of my sons and I climbed a 14,278 foot Colorado mountain in August and I am glad that is done! I am also great aunt to three little ones, which draws my heart into prayer for the upcoming generations. It is important to safeguard their well-being from the onslaught of threats.

Transgenderism, Truth, and Hope

It is not hard to find heart-breaking stories of lives impacted by the disunity of mind and body called transgenderism. US culture and the rest of the world are being deeply impacted by ideas about sexuality and gender, but are the ideas true? This key question is discussed later in this newsletter. The brief summary is that children's lives and bodies are being disfigured by ideas that have no basis in objective truth or even credible research. The article on the back page is part of my hope to give you information that will make a difference when you speak with family members, school boards, legislators, and others.

What Happens at the Board Retreat?

The RHN Board of Directors begins each year with an invaluable Board Retreat. During this time the Board members review the previous year, set our course for the upcoming year including the budget, pray for one another, connect, and discuss topics more deeply. It is a joy to fellowship over meals and to connect to other Christian leaders in the area. We also meet once a month for an hour and a half and have another in person board retreat in mid-summer. Our next retreat is coming up on January 25-28, 2023. The board and I would love your prayers over that time for God's wisdom, guidance, and fruitfulness.

New Exhibit Booth

The RHN Board budgeted funds to plan and create a new booth to replace the one from 2014. The older one had lasted twice the number of years estimated and we are grateful to the Lord for that gift. This project gave us an opportunity to bring forward the most important messages and a new look. It is now in production and we hope to have it ready soon.



New Brochure



Our new brochure (interior page pictured) works well with the booth. Happily, brochures were available for the HOPE conference last June and have been invaluable at many events since then. Our thanks to Jim, the RHN graphic designer, and the RHN Board members who reviewed and approved designs and plans.

Influence and Networking

Behind the scenes, I have been invited to influence a number of key projects and groups that I am not at liberty to share. These opportunities have been a real blessing and are likely to lead to changes that will end up benefiting all those who seek hope and help. Thank you, Lord Jesus, for uniting like-minded people who wish to honor You. Some of the areas of networking I can share with you are the RHN office involvement with an international prayer ministry, and continued connections and strategy with Changed Movement and Freedom March. We also connect with various legal groups, policy groups, and counseling associations.

HOPE2022

Held at Ridgecrest Conference Center near Asheville, NC, the conference was powerful! After meeting virtually for the two preceding years, it was so wonderful to join together in person. There were rich times

We are so thankful for our tremendous speakers--Dr. Paul Hruz, Dr. Julie Hamilton, Jeff Simunds, Laura Beth Perry, Georgene Rice, Pastor Bob Stith, and so many more. We also had a precious surrender service on Saturday night. The board and I also want to thank all those who generously provided scholarship funds for 30 attendees!



HOPE2023 Online



HOPE 2023's **online** forum on June 9-10, 2023 makes the event more accessible to many in the US and around the world. The powerful line-up of speakers is--Houston Baptist University's theologian Robert A.J. Gagnon, PhD; ReStory Ministries CEO Rev. Linda Seiler, PhD; pediatric endocrinologist Quentin Van Meter, MD; and Changed Movement's Elizabeth Woning, M.A. I hope you won't miss it.

Registration is open! restoredhopenetwork.org/hopeconf

FEATURED MEMBERS & AFFILIATES



Garry Ingraham, Director

Glendale, AZ

Love & Truth Network empowers churches, Christian communities, and individuals to experience God's restoration by providing leadership training, teaching, and discipleship resources in the context of a safe, loving community. Love & Truth Network is a donor-supported 501(c)3 non-profit ministry with ECFA accreditation. loveandtruthnetwork.com



Robert Brennan, LMFT

Robert Brennan is a graduate of Western Seminary and is a licensed Marriage and Family Therapist in the state of California.

Robert, in Anaheim, CA, is affiliated with the Alliance for Therapeutic Choice, Restored Hope Network and the California Association of Marriage and Family Therapist (CAMFT). apokata.com



Dee Barnes, Board Chair
Conyers, GA

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His Wonderful Works brings hope, healing, and freedom in Christ to others in the areas of family, relationships, and sexuality. We do this through insightful, Biblical teaching, transparent testimonies, weekly content, lay counseling, healing prayer, media appearances and trusted resources. hiswonderfulworks.com

MEMBER NEWS

Portland Fellowship - Portland, Oregon

Congratulations to Director Jason Thompson for serving for his **40th year in ministry**. I must say he started quite young!

Bob Gates, Therapist Affiliate - Goodyear, AZ

Bob moved from California to Arizona and provides private counseling to individuals, couples, and family members.

Truth and Love - Brentwood, CA

Harry and Caroline are a lovely couple offering care for family members with LGBT identified loved ones.

To learn more about members visit: restoredhopenetwork.org/ministry-finder

FEATURED RESOURCE

Emotional Dependency -- Newly Reprinted!

by Lori Thorkelson Rentzel

This invaluable little booklet was reprinted after Mid-Valley Fellowship worked with IVPpress to gain the rights to do so. Through reading Emotional Dependency, many of us who left homosexuality learned when, how and where our relationships turned into friendship idolatry, which can quickly lead to homosexual temptation and acting upon the feelings.

Useful for those leaving homosexuality or seeking to walk with Christ faithfully, Emotional Dependency is an important read for parents, siblings, spouses, and more. Lori Thorkelson Rentzel describes the signs of emotional dependency and shows how God can bring healing and wholeness to unhealthy relationships.

Available through www.midvalleyfellowship.org/resources.html

Emotional Dependency

