



# Media Fact Sheet

**Release Date:** March 17, 2021

**History:** Stephen Ministry began in 1975 when the Rev. Kenneth C. Haugk, Ph.D., a pastor and clinical psychologist, trained nine members of his congregation in St. Louis to be *Stephen Ministers*. They assisted him in providing Christian care and support to people in the congregation and community who were experiencing life difficulties. These trained caregivers were so enthused about their ministry, they encouraged Dr. Haugk to offer *Stephen Ministry* to more congregations.

Over the next few years, Dr. Haugk traveled to congregations and trained Stephen Ministers. This quickly proved to be inefficient, since he could visit only a limited number of congregations, and these congregations were then dependent on him to train additional caregivers. So in 1978 Stephen Ministries held the first Leader's Training Course and trained the first *Stephen Leaders*—representatives of various congregations who then returned home to train and supervise their own Stephen Ministers. Since then Stephen Ministries St. Louis has specialized in "training the trainers" through the Stephen Ministry system.

**Definition of Stephen Ministry:** Stephen Ministry is a complete system for training and organizing laypeople to provide one-to-one Christian care to hurting people in and around the congregation.

**The Organization:** Stephen Ministries St. Louis is a not-for-profit, transdenominational, religious and educational organization founded in 1975. The St. Louis-based staff of 40 provides support for ministry in more than 13,000 congregations worldwide. Dr. Haugk serves as Executive Director.

**The Name:** The name *Stephen* comes from St. Stephen, who was the first layperson commissioned by the Apostles to provide caring ministry to those in need (Acts 6).

**Stephen Ministry Statistics:** These statistics are updated annually. Statistics can be obtained online at [stephenministries.org](http://stephenministries.org) or by calling Stephen Ministries at (314) 428-2600.

- **Congregations:** More than 13,000 congregations are enrolled in Stephen Ministry. They represent 186 different Christian denominations and come from all 50 states, 10 Canadian provinces, and 30 other countries.
- **People:** More than 75,000 pastors, church staff, and laypeople have been trained as Stephen Leaders at Leader's Training Courses. These Stephen Leaders have, in turn, trained more than 600,000 congregation members to be Stephen Ministers. Since 1975 Stephen Ministers have provided distinctively Christian care to more than one-and-a-half million people in one-to-one Stephen Ministry caring relationships and have also used their caregiving skills to touch the lives of millions more in other ways.

**The Stephen Ministry Logo:**

The logo Stephen Ministry congregations use consists of a cross and circle, together with a broken person and a whole person. The broken person stands behind the cross, symbolizing the brokenness in our lives as a result of our sin. The whole person stands in front of the cross because it is through the cross of Jesus that we again are made whole. The circle symbolizes both the wholeness we receive through Christ and God's unending love for us.



# Stephen Ministries: Media Fact Sheet

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**How the Stephen Ministry Works:** Pastors, church staff, and lay leaders attend a Leader's Training Course, taught by the Stephen Ministries faculty, to learn how to implement Stephen Ministry in their congregation. These trained Stephen Leaders then begin and direct Stephen Ministry in their congregation. These trained *Stephen Leaders* then return home to begin and direct Stephen Ministry in their congregation.

Stephen Leaders recruit and select laypeople from the congregation to serve as Stephen Ministers and provide them with 50 hours of training in Christian caregiving. Topics include listening, feelings, assertiveness, confidentiality, and ministering to people in specific situations such as divorce, terminal illness, grief, and childbirth. Stephen Ministers also are trained to recognize when a care receiver's needs go beyond the care a Stephen Minister can provide and how to refer the care receiver for additional care.

At the end of training, *Stephen Ministers* are commissioned by the congregation. Stephen Leaders then link each Stephen Minister with a *care receiver*—a person in need of one-to-one Christian care. A Stephen Minister normally is assigned to only one care receiver at a time and meets with that person for about an hour each week.

Stephen Ministers also meet twice monthly for supervision and continuing education. Stephen Ministers initially commit to two years of service, but after those years many recommit to serve additional years.

**Terminology:** The organization, based in St. Louis, is *Stephen Ministries St. Louis*. The lay caregiving ministry system congregations implement is *Stephen Ministry*, once it has been implemented in a congregation. The pastors and laypeople trained by the Stephen Ministries faculty to direct their congregation's Stephen Ministry are called *Stephen Leaders*. The people trained to provide one-to-one care to those in need are called *Stephen Ministers*. Those who receive the care of Stephen Ministers are referred to as *care receivers*.

## Important to Note

- Stephen Ministers are not counselors. They are trained Christian caregivers. Their role is to listen and care—not counsel or advise. Please do not refer to them as counselors.
- Stephen Ministry is a supervised ministry. Stephen Ministers engage in twice-monthly supervision to ensure that they are providing the best-quality Christian care.
- Stephen Ministry is a confidential ministry. What a care receiver tells a Stephen Minister remains confidential. Even in supervision, the names of care receivers and specific details are never discussed.
- Stephen Ministers do not make cold calls. They are assigned only to people who agree to receive the care of a Stephen Minister.

## Other Ministry Resources

In addition to Stephen Ministry, Stephen Ministries St. Louis offers many other resources to enhance congregation ministry.

These other resources from Stephen Ministries include:

- *Christian Caregiving—a Way of Life*
- *Journeying through Grief*
- *Don't Sing Songs to a Heavy Heart: How to Relate to Those Who Are Suffering*
- *Cancer—Now What? Taking Action, Finding Hope, and Navigating the Journey Ahead*
- *Discovering God's Vision for Your Life: You and Your Spiritual Gifts*
- *Caring for Inactive Members*
- *Antagonists in the Church: How to Identify and Deal with Destructive Conflict*

**Media Opportunity:** We hold introductory workshops about Stephen Ministry across the U.S. each year ([stephenministry.org/workshop](http://stephenministry.org/workshop)). Members of the media are invited to attend these workshops as our guests. Interested media persons can contact our Communications Department at (314) 428-2600.