

Beloved Do Over -Home Discussion Guide

by Rev. Katrina Drew

Scripture: Mark 1:4-11

Choose 1 person in your group to read the passage aloud or take turns reading different verses. Then discuss the following questions as a group. Ask your group to share ways you can be praying for one another. Choose one or more person(s) to close the group in prayer.

1. What kind of effect does time spent in or around water have on you? Do you agree that water can be calming and reduce stress? If so, share a memory of when this was true for you.
2. Have you been baptized? What memories do you have or stories have you been told about your own Baptism?
3. What is something from the last year that you would like a “Do-Over” with?
4. Do you or have you ever questioned your identity as truly loved by God? As God’s Beloved? What caused you to feel that way?
5. What tangible reminder will you put in place this week to remember your identity as God’s Beloved? Possible examples given by Pastor Katrina were: Placing a post-it note on a bathroom mirror, changing a computer password to a scripture reference, putting a small cross or stone to touch in your pocket.

Challenge: Post a pic on social or email one to Pastor Katrina katrina@salemstlouis.com of the tangible step you take to remember your identity as beloved! Use the hashtag #BelovedDoOver

KID QUESTION: A question to engage younger children!

Ask your child what they would like to do to help them remember they too are God’s Beloved child. Talk to them about the importance of understanding their identity as deeply loved by God and made in God’s image. Some examples might be a drawing a heart picture and putting it on their bedroom wall or taping it to their backpack.