

OVERCOMING THE FEAR OF THE VIRUS CRISIS

Psalm 23:1,4 *The Lord, the Lord is my shepherd, and I shall not be in want. And even though I walk through the valley of the shadow of death, I will fear no evil for You are with me.*

2 Corinthians 1:7 *And our hope for you is firm because we know that just as you share in our sufferings, you'll also share in God's comfort.*

• WHAT WE KNOW IS WHAT GETS US THROUGH!

SIX THINGS I NEED TO REMEMBER IN THE VALLEY OF THE VIRUS

1. REMEMBER NOT EVERYTHING I HEAR IS TRUE

Proverbs 14:15 (MSG) *The gullible believe anything they're told, but the prudent sift and weigh every word.*

Proverbs 13:16 *The prudent man always acts out of knowledge.*

2. REMEMBER THIS WILL PASS

1 Peter 4:12 *Dear friends, don't be surprised or shocked when you go through painful trials and fiery tests in life.*

Isaiah 24:5,19 *The earth suffers for the sins of its people for they have twisted the instructions of God, violated His laws and broken His covenant. Therefore, the earth has broken down and utterly collapsed.*

2 Corinthians 4:17-18 *For our temporary and momentary troubles will not last, but they are achieving for us an eternal glory that far outweighs them all. So, we focus not on what is seen but on what is unseen.*

3. REMEMBER TO FOCUS ON WHAT IS UNCHANGING.

4. REMEMBER NO MATTER WHAT I GO THROUGH GOD WILL GO THROUGH IT WITH ME

Isaiah 43:2 *When you go through deep waters, I will be with you. When you pass through the rivers of difficulty, you will not drown. When you walk through the fire, you will not be burned up. It will not consume you.*

5. REMEMBER THIS IS NOT THE END OF THE STORY

2 Corinthians 4:8-9, 14 *We often suffer, but we're never completely crushed. And even when we don't know what to do, we never give up. In times of trouble, God is with us. And when we're knocked down, we get up again, because we know God raised the Lord back to life. And just as He raised Jesus, He will also raise us back to life and will bring us into His presence together.*

Revelation 21:4 *Then God will wipe away every tear from their eyes, and there will be no more death, and no more mourning, and no more crying, and no more pain, for the old order of things will pass away.*

6. REMEMBER GOD WANTS TO USE ME TO HELP OTHERS

John 13:35 *Your love for each other, your love for each other will show the world that you are My disciples.*

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Romans 8:28 *All things work together for the good of those who love God who are the called according to His purpose.*

