GROUP STRATEGY

Why do we do groups?

- A group-based approach to discipleship was modelled by Jesus and is therefore an integral part of Southbrook's Discipleship Model.
- Groups are a place where the Holy Spirit's work of inward transformation, authenticated by outward expression, can be encouraged and experienced.
- The primary purpose of groups is to understand and apply the truth of God's word in the context of authentic biblical community.
- Since groups are critical to discipleship, we ask everyone at Southbrook to commit to at least one.
- We believe it's important for those who are married to grow as disciples together, so we encourage husbands and wives to participate as a couple wherever possible.
- To underscore the nature and purpose of groups at Southbrook, we call them "Discipleship Groups".

How do we do groups?

- God is a God of diversity and of order; therefore, both of these characteristics are reflected in our approach to groups.
- We use a flexible framework to accommodate many expressions of groups, while maintaining alignment with our mission, model and philosophy.
- The framework comprises eight attributes, which we use as a tool to both form groups and help people connect with groups.
- Groups that may occasionally exist outside of the framework are considered supplemental and will not typically be promoted.
- We believe that healthy groups grow and multiply; therefore, we primarily look to existing groups as a means to develop new leaders and form new groups.

The Eight Group Attributes:



Men - Women - Mixed



Ongoing - Fixed



Weekend - Midweek



Included - Not Included



Host Home - Other Venue



Small (7-15) - Smaller (3-6)



Sermon - Bible - Other



Life Stage - Interest - None