
Loving Those with Anxiety

I. God's Holistic Care

Genesis 3; 2 Cor 4:4; John 3:19; Eph 2:1-3; Rom 8:23,29-30

1. P_____ Means of Care
1 Kings 19:5-8

2. P_____ Means of Care
Psalm 42; Lament Psalms; Psalm 139:24-25; Psalm 95:2

3. R_____ Means of Care
Matthew 26:38

4. S_____ Means of Care
Psalm 31:5, 1 Peter 5:7; Philipians 4:6-7

2 Corinthians 12:7-10

II. God's Ultimate Care

Romans 3:23-24; Colossians 1:19-20; 1 Peter 2:22-25; John 1:12; Matthew 11:28

III. How We Can Care Too (Real Love!)

Colossians 3:12-14

- 1.
- 2.
- 3.
- 4.

I never knew:

I need to change:

I should share:

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Get the Help You Need

COUNSELING MINISTRY

At South Shores Church we offer Biblical Counseling for individuals and couples seeking direction and assistance for a wide-range of personal, relational, and spiritual issues.

For more information please contact Shelli Aguas, Director of Counseling

Shelli@southshores.org

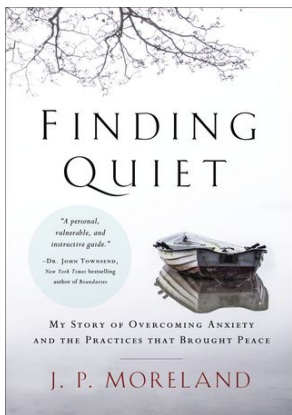
(949) 677-0870

All calls are confidential.

SUICIDE PREVENTION

If you're struggling with depression and/or suicidal thoughts, please seek help. Call the National Suicide Prevention Lifeline at **1-800-273-TALK** or visit **www.suicidepreventionlifeline.org**.

FURTHER READING



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My Story of Overcoming Anxiety and the Practices that Brought Peace

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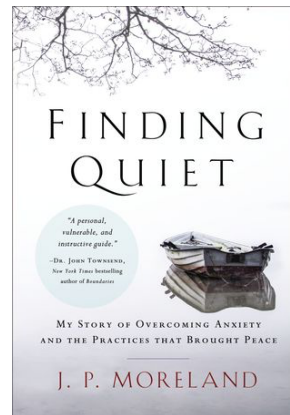
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