

Spiritual Growth Assessment Tool

Enter 1,2,3,4 or 5 (1=Just Beginning, 5 = Well Developed)

CONNECTING with your church family

- I am intentionally cultivating my relationships with Christian friends & spiritual mentors
- I am cultivating authentic community by speaking truth in love and creating healthy boundaries
- I am more loving, grace giving & forgiving to others than I was a year ago
- I am authentically connecting with my immediate family relationships (parent, siblings, kids and spouse)
- I am resolving conflict with others in a Biblical manner, and supporting the leadership of this church family

Connecting Total

GROWING in your spiritual journey

- I have an intimate relationship with God, growing spiritually through regular quiet time in God's Word & prayer. (Spiritual Habits)
- I respond to challenges with peace and faith to protect me from pain rather than anxiety and fear
- I see myself more through God's eyes than my own
- I avoid using addictive behaviors (food, substance abuse, busyness, etc.)
- I am honoring God with my finances & giving to my church

Growth Total

SERVING others in body of Christ and community

- I know my spiritual gifts and am expressing them as a way of life at work and at home
- I have discovered my spiritual gifts, heart, abilities, personality and experiences (S.H.A.P.E.) and am looking for a place to use them in serving
- I am serving in a regular (monthly or better) ministry to the church body
- I am sharing responsibility within my small group by serving in a role
- I am praying, discipling, or mentoring another person in the group or community

Serving Total

SHARING your life mission

- I am actively praying for & cultivating relationships with unchurched friends & family
- I am inviting seekers to church and sharing my spiritual story with them
- I am participating in cross-cultural missions by discovering their needs and praying for them
- I am praying and considering on where God can use me cross-culturally in the future
- I am reproducing my life spiritually and/or praying for when this will happen

Evangelism Total

SURRENDERING your heart in worship

- I am faithfully attending church worship services on the weekends
- I have created a life mission statement and am seeking to fulfill it
- I am growing in my personal worship to God through music & praise
- I am surrendering my whole life by improving my exercise and nutrition
- I am honoring God with every dimension of my life by balancing His purposes in my life

Worship Total

Overall Total

Overall Total

LEGEND		
	Individual Totals	Overall Total
Just Beginning	1 to 5	5 to 25
Fair	6 to 10	26 to 50
Getting Going	11 to 15	51 to 75
Very Good	16 - 20	76 to 100
Well Developed	21 to 30	101 to 150