

Applying It In My Life.....Group time - 25 minutes

1. What do people in today's world turn to in order to recharge their batteries? How reliable are these things in renewing and refreshing us? God offers His followers great hope in this area. How could you specifically utilize the "supply lines" mentioned earlier in order to experience restoration and renewal?
2. Our world is focused on individualism and often when people are burned out they turn inward to refuel. What habits does God point us to in the Christian life that help us to replenish? In what ways are you neglecting these habits in your life? What healthy habits do you want to commit to that will offer you fresh vision and hope?
3. Pastor Ty mentioned the importance of building great relationships in order to stay emotionally and spiritually refilled. Who do you turn to when you are depleted? Where are you building relationships that will support you when you are discouraged, run down, or worn out? How can your *Growth Group* pray for you in this area?

Prayer Time.....Group time - 15 minutes

Praise God that He has provided worship, the Bible, and relationships to renew us emotionally and spiritually. Thank Him for providing each day what you need to recharge and refuel. Ask God to give you the perseverance to build into your life daily habits that will provide fresh vision and hope.

Finish your prayer time by praying for the needs of those in your *Growth Group*. Take a few minutes to share prayer requests. Ask someone in the group to record your prayers so that in future weeks you can see where God is answering your prayers.

UNLEASHING HOPE *Recharging Your Batteries*

Invest In Your Own Growth

Value The Power Of Worship

- Authentic worship RENEWS your strength.
- Authentic worship RECONNECTS you with God.
- Authentic worship RESTORES your perspective.
- Authentic worship REBUILDS your confidence
- Authentic worship RESTORES your joy.
- Authentic worship RELEASES your anxieties.
- Authentic worship REKINDLES your hope.

Unleash The Bible Into Your Life

Refuse To Go It Alone

GROWTH GROUP HOMEWORK

Week of April 13-18

Getting Started.....Group time - 15 minutes

1. What are the three things in your life that most discourage and drain you? How do these things work together to wear you down? What kind of success have you had in counteracting the impact of these things on you physically, emotionally and spiritually?

FOR GROWTH GROUP TIME

Getting Into God's Word.....Group time - 35 minutes

1. Read Isaiah 40:31; Psalm 51:10; Philippians 3:13; and Ecclesiastes 4:10. What theme is present in all of these verses? From these scriptures what promises do you desire to hold fast to as you seek to grow in hope and vision?

2. Circle any of the five "Passion Killers" listed below that regularly discourage you, drain you and cause you to burn out? Explain in what ways each one affects your life?

Unhealthy People Unkind Critics Unbalanced Schedule
Unnecessary Guilt Underestimating the Impact of Exposure

3. Circle any of the following five "Supply Lines" you need to develop more in your life to help keep you spiritually and emotionally fueled? Explain why?

Invest in your own growth Value the power of worship
Unleash the Bible into your life Build great relationships
Pay attention to whose voice you are listening to

4. Read Romans 12:1-2. What is the importance of our not being conformed to the thinking of this world? Life transformation occurs through a specific pattern – "*Change your thinking, you change your beliefs; change your beliefs, you change your expectations; change your expectations, and you change your attitude; change your attitude, and you change your behavior; change your behavior, and you change your life*" What do we learn from this pattern? How does this pattern fit with how you have experienced change?

5. Pastor Ty looked at seven key effects of the power of worship. Look over that list. Which of these aspects of worship do you need most in your life? How could you build the habit of authentic worship more deeply into your life? What is the importance of community as you focus on authentic worship?