

Summit Woods Baptist Church
Sermon Study Equipping Class

Hebrews 12:1-2

Remember to begin your study early in the week so that you have time to really think (and keep thinking) about the passage without being rushed.

❖ Day 1

Read Hebrews 12:1-2.

For these lessons, the sermon text is provided in a format that visually helps display the structure of the paragraph or section of text. The main verbs are underlined. Commands are double-underlined. Generally, the main indicative clauses remain to the left, and the other clauses are either directly underneath when they have equal priority to what comes before, or are tabbed to the right when the clause supports, develops, or draws a conclusion from a neighboring clause.

1 Therefore,

 since we have so great a cloud of witnesses surrounding us,
let us also lay aside every encumbrance and the sin which so easily entangles us,
and let us run with endurance the race that is set before us,

 2 fixing our eyes on Jesus,

 the author and perfecter of faith,
 who

 for the joy set before Him
endured the cross,
 despising the shame,

 and has sat down at the right hand of the throne of God.

1. Read Hebrews 11:1-12:2. Describe the connection of ch.11 with ch. 12.
2. What are the commands in 12:1? What reason is given for obeying these commands?
3. What does it mean to “lay aside”?

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4. What is an “encumbrance”? Is this different from “sin”? If so, how?
5. How is sin described in v. 1?
6. What does the author mean when he says, “let us run”?
7. How are we supposed to “run” according to v. 1?

❖ Day 2

Read Hebrews 12:1-2 again.

8. What is “the race that is set before us”?
9. How are we supposed to “run” according to v. 2?
10. Who are we supposed to fix our eyes on? Why?
11. How is Jesus described in v. 2?

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12. How should the reality that Jesus is “the author and perfecter of our faith” encourage us to run?

13. How is Jesus the ultimate example of living by faith as expressed in v. 2?

14. What is “the joy set before” Jesus? How does this relate to the context of this section of Hebrews?

❖ Day 3

Read Hebrews 12:1-2 again.

15. How did Jesus endure according to v. 2?

16. What does it mean that Jesus despised the shame?

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17. Why does the author tell us that Jesus “sat down at the right hand of the throne of God”? Where have we seen this in the book? Why is this significant at this point in the book?

18. How does Heb 12:1-2 relate to Heb 10:35-39?

19. How does Heb 12:1-2 instruct us about living by faith?

20. Summarize the authors’ intended meaning of these verses in one sentence.

21. Summarize how you can practically apply these verses this week in one sentence.

In preparation for Sunday, pray that we would be diligent to lay aside all that hinders us from pursuing Jesus and lay aside our sin, pray that we would look to Jesus with faith and follow his example of enduring by looking to future joy.