

Summit Woods Baptist Church  
First Corinthians Sermon Study Equipping Class

Christmas in the Psalms – Psalm 22

For the next two weeks, as we fix our gaze on the first coming of Christ, and look to his second coming, we'll be straying from our study of 1 Corinthians to go to the book of Psalms. We'll be looking at a couple Messianic Psalms and what they call us to anticipate at the Messiah's coming. This week we'll be in Psalm 22.

❖ Day 1

Read Psalm 22.

1. Where was the Messiah predicted in the OT? Why was the Messiah predicted? What is predicted about the Messiah that we have to look forward to?
2. In what ways does this passage clearly refer to the Messiah?
3. Where is this chapter quoted in the NT? What did the Jesus and the NT writers understand this Psalm to be referring to?

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❖ Day 2

Read Psalm 22 again.

4. Read v. 1 again. What was David referring to when he wrote this? What does this verse also predict about the Messiah?
5. What does the word “forsaken” mean? In what way does this refer to the Messiah?
6. Where else in the OT was it predicted that the Messiah would be forsaken by God?
7. How does this inform our understanding of what happened on the cross?

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8. Read vv. 6-8 again. What are these verses referring to?
9. What do these verses predict about the Messiah? Why does this matter?
10. What other OT passage(s) predict this or something similar? What NT passage(s) reflect these verses?

❖ Day 3

Read Psalm 22 again.

11. Read vv. 14-18 again. What do these verses predict about the Messiah?
12. Who puts the Messiah in the “dust of death”? What does this teach us about the death of the Messiah?

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13. What do v. 16-18 recount? How do you know? What NT text makes this clear?

14. Read vv. 22-24. What are the commands in v. 23? What is the reason offered in these verses for these commands?

15. In what ways does this reflect one's response to the Messiah?

16. What do vv. 22-24 reflect about the ultimate relationship between God and the Messiah? Why is this crucial for our theological understanding and faith?

17. Read vv. 27-31. What do these verses predict about the work of the Messiah? How does this work unfold in the NT?

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18. What of this work is still yet to come? When will that work be accomplished?

19. Overall, how does Psalm 22 impact your understanding of the person and work of Christ?

20. In what ways does this passage stir you up to faithful living for Christ?

21. How does the fact that this Psalm was written hundreds of years before Christ impact your view of God's Word?

In preparation for Sunday, pray that the Messiah will be seen, savored, believed upon, obeyed, submitted to as Lord, and glorified through the singing and preaching of his Word.