



Hello, Neighbour!

IF YOU ARE SELF-ISOLATING AND IN NEED OF ANYTHING, MAYBE I CAN HELP?

MY NAME IS:

I LIVE AT:

MY E-MAIL ADDRESS IS:

MY PHONE NUMBER IS:

If you are self-isolating because of COVID-19, I may have something you need, or if I don't, I might be able to get it, so please feel free to e-mail or call me.

We can also swap books, movies, recipes , or just have a chat! Whatever you need, know that you're not alone and that I'm here for you.

Your neighbour



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