### Back to School Kick-Off

- Grab 1 notebook & 1 pencil per child
- Do your best to keep distance between yourself and others
- Focus your attention on God
- The more each person shares with each other and God, the more meaningful your experience will be.

### Station #1: Wisdom

What is wisdom?

- Having experience, knowledge and good judgement.
- Learning helps us to make the wise choice.

James 1:5

"If any of you needs wisdom, you should ask God for it. He will give it to you. God gives freely to everyone and doesn't find fault."

In your notebook, write down three things you are excited to learn this school year:

- One thing connected to your schoolwork
- One thing you can do at home
- One thing that's just for fun!

### Station #2: Worry

What is worry?

Allowing our thoughts to focus on difficulty or trouble

1 Peter 5:7
"Turn all your worries over to Him (God).
He cares about you."

- 1. In your notebook, write down any worries you have today.
- 2. Tear the page out of your notebook and put them in the backpack.
- 3. As you put them in the backpack say, "God, I am giving my worries to you.

  Thank you for caring about me. I trust you to help me with these things.

  Amen"

### Station #3: Kindness & Friendship

- 1. In your notebook, make a list of friends.
- 2. Talk together about how being with friends is fun and also a time to practice forgiveness. Sometimes we mess up and need to apologize; other times our friends make a mistake and need our forgiveness.
- 3. The Bible tells us: 1 Peter 4:8 "Most of all, love one another deeply. Love erases many sins by forgiving them.
- 4. "Say a prayer:
  - a. Thank God for the gift of friends
  - b. Ask God to help you forgive & be forgiven
  - c. Thank God for His love and kindness toward us
- 5. Take 2 erasers with you as you leave this station. Save one eraser to keep for yourself to use this school year. Take one more eraser to give to a friend as a gift of friendship and a reminder to forgive.

# Station#4: God's Creativity

Psalm 145:3

"Lord, you are great. You are really worthy of praise. No one can completely understand how great you are."

Our Journey Kids lessons this month have been ALL about God's creativity.

He created everything we can see & imagine, including US! Wow!

- 1.Look at the people and the natural setting around you.
- 2. Ask God to help you see Him everywhere you look.
- 3. Choose one thing to draw in your notebook as a reminder of God's amazing creativity.
- 4. Use one box of crayons provided and take them with you to keep.

### Station #5: The Bible & Prayer

The Bible is God's words to us. It teaches us about Him and how to follow Jesus.

This month at The Journey has been about "Words to Live By". We've been sharing some of our most meaningful Bible verses.

- 1. Parents, share one of your "words to live by". If you get stumped, choose from the list below.
- 2. Tell your child why it is meaningful to you.
- 3. Ask your child if they have a verse to share.

Psalm 46:10 "God is our place of safety. He gives us strength. He is always there to help us in times of trouble."

Galatians 5: 22-23 "The fruit of the Holy Spirit is love, joy & peace. it is being patient, kind & good. It is being faithful and gentle and having control of oneself."

## Station#5: The Bible & Prayer

Prayer is how we talk to and connect with God.

We can talk to God out loud.
We can talk to God silently with our thoughts.
We can talk to God through journaling.
We can talk to God by singing.

Take your notebook home with you today and use it as a prayer journal.

- Make lists about what you want to talk about with God.
- Draw pictures to connect with Him.
- Ask God for help.
- Write a prayer for a friend and share it with them.

Tape the prayer card to your right into your notebook to use it as a guide to talk to God each day this school year.

#### As You Go...

We hope you made some great connections with God & your family as you travelled through the stations.

We have one last station for you to go to: YOUR SCHOOL!

- Travel to your school and pray for the staff
   students. (From your car, in the grass, or walk around outside)
- 2. Ask God to:
  - a. Guide the staff to teach and lead well
  - b. Guide the students to work hard and care for each other well
  - c.Help you see ways to share God's love in your school

Grown ups, be sure to grab a current Phase Guide for your child and let us know how we can continue to support your family during the Back to School season.

Spread kindness Share hope Better together