

# **DO LIFE TOGETHER**

YOU HELP OTHERS, OTHERS HELP YOU

### What does it mean to DO LIFE TOGETHER?

God created us all to be in relationships, especially in a relationship with Him. But get this: our relationship with others is directly connected to our relationship with God. So don't go through life alone. We need to do life together to help each other take first & next steps in all our relationships, especially with God. It's about two-way relationships of running through life with each other; you help others, others help you.

We all want others to help us, but will you take the first step to help others? If we wait, we'll miss out on relationships. Your heritage might not be what you dreamed it could be, but you can leave a great legacy if you live relationally. Doing life together can help us experience our best life.

#### TAKE THE FIRST STEP

The hardest part of doing life together is taking the first step. It's easier for some people, we know. But if we sit back, we miss out on great relationships. If we want to do life together, we each need to take opportunities to initiate relationships. It might mean something simple like being the first one to make the phone call, send the email or invite someone over. It might mean jumping into an event like networks, groups or volunteering without really knowing someone yet. Real relationships don't just happen.

If we each take some steps to initiate relationships, we can begin to experience relationships that can help us & others to experience our best lives.

Read the following Bible passages and reflect on how it speaks about Doing Life Together and how you can take steps in this area:

Romans 12, Philippians 2, Acts 2, John 13, Colossians 3:13-16, Hebrews 10:24-25,

# **STEPS & RESOURCES**

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### **FAMILY RELATIONSHIPS**

We want to support families & relationships at The Journey. Here's how we partner with parents: -**Child Dedication** is a first step in the process of partnering with Journey Kids.

- -Journey Kids & Journey Teens are great opportunities to build a foundation for your children to experience their best life. Check out the weekly parent resources for Journey Kids when you pick up your child from their room on Sunday. We have great volunteers who care for your kids & want to assist you as a parent to build a great foundation for your child.
- -Parenting Beyond Your Capacity: This book is a great resource on parenting, influence and building a foundation for your kids. We occasionally offer this as a book study. It's a great chance to grow as a parent and discuss some parenting tools and ideas with others.
- **-We also have a lot of resources available online** to take next steps as a parent and in your marriage.

### **NETWORK TEAMS**

Networks are all about being part of a team where we can take steps to get out of the bleachers, get on the field, and do some of life together. As a team, we can take next steps together and impact our community where God works in and through us. Sometimes you can help others, sometimes others can help you. Our serving events and Connection Nights provide fun and easy ways to connect and do life together. One requirement: No perfect people allowed. Whether you are curious, skeptical, following God, or somewhere in between... we're all on a journey helping each other take the next step as a team.

# **RUNNING PARTNERS**

We are not designed to do life by ourselves, nor are we supposed to figure out our relationship with God by ourselves. Just like we often need running partners to challenge us to exercise and stay in shape, it helps to have others to take steps in our relationship with God. It's better to learn about and follow God with a few other people, rather than trying to figure it all out by ourselves. Running Partners are designed so a few people can consistently and intentionally help each other through the journey of life and discover more of God together.

# **STEPS & RESOURCES**

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### **VOLUNTEERING**

We believe that everyone has something to offer and part of doing life together means doing whatever we can to help each other out. We need lots of volunteers to make The Journey function each week. When we volunteer, we are part of a team that serves together, connects with each other, and makes a difference at the same time. Whether we are greeting someone at the door, holding a baby, or helping behind the scenes, we are part of something bigger than ourselves and we get to serve alongside others. Each volunteer plays a part to create an environment at The Journey where people can explore God, be motivated to take next steps with God and be a challenge to help others experience God.

### **SUNDAY GATHERINGS**

In Hebrews 10:24-25, it encourages us to keep meeting together to spur each other on through life. When we meet on Sunday each week at The Journey, it's a large group experience to learn together, discover God's words in the Bible together, & through music express our hearts to God together. It's great to spend time with God personally but encouragement & unity can be found when we consistently come together to experience God. Making Sundays at The Journey a priority in your schedule can help encourage you towards your best life.

# **PRAYER TEAM**

Each week we have a team that prays for our church and the people at The Journey. As people submit requests, the team receives an email list to pray for others. If you would like to support our church and others in prayer, email admin@thejourneycc.com or use your connect card at church to sign up.

# **REFLECTIONS & QUESTIONS**

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Why would someone say it's easier to do life alone?

What are the benefits of doing life together?

Is it easier for you to give to others or to receive help from others?

Why is it critical to do life together with others who are taking steps in their relationship with Jesus?

Read Acts 8:26-40. Note how Philip listens and how through the conversation he helps the Eunuch take steps in his relationship with Jesus.

If you were willing to take the first step to initiate a relationship, in what areas of your life could you invite someone to join you? A hobby? Network? Neighborhood block party? Through contacts with your kids?

How can you incorporate this concept in your family? How can you train up your kids to live this way? How could this be part of your marriage?

There might be many things or a few things you need to do, but what's your next step to help others & build relationships?

