

Mission: Enemies to Children sent on a Love Offensive

We are the former enemies of God become the Children of God sent each day, in each relationship to love.

Tim quotes Renea Brown from her Ted talk on “Shame” as she distinguished between:

Guilt and Shame:

- Guilt – you have *done* a bad thing
- Shame – you have done a bad thing therefore you “*are bad*”

God has been kind to give me so many opportunities to realize my guilt in how I have added to peoples shaming in my thoughtless words by allowing me to live in my home town. It is a skill to discern guilt from shame. Guilt and shame are both gifts from God but to understand them as God designed them takes maturity, thoughtfulness and Biblical wisdom. We are here to help each other to understand and enjoy both to their God given purpose. Remember, true love casts out all guilt and shame.

- Who is one person that you could call and ask them to forgive you for *shaming them this week*?
 - Example: I had to call my nephew last week for reacting and attacking him after he called to confess some ongoing sin in his life.
 - Example: I got to apologize to a friend for over reacting to his response to a conversation we had been involved in the day before.
 - Example: In making a joke I so over emphasized a story that a friend met with me to correct the problem as if I was representing truth in my silliness.